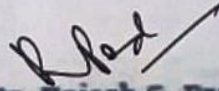


**SHRI RAMDEOBABA COLLEGE OF
ENGINEERING & MANAGEMENT, NAGPUR**

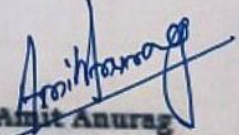
RCOEM

Shri Ramdeobaba College of
Engineering and Management, Nagpur

**DEPARTMENT OF PHYSICAL EDUCATION
ANNUAL SPORTS REPORT
2022 - 2023**


Dr. Rajesh S. Pande
PRINCIPAL
RCOEM

Principal
Shri Ramdeobaba College
of Engineering & Management, Nagpur-13.


Dr. Amit Anurag
HOD, Physical
Education Department

Head of the Department
Physical Education
Shri Ramdeobaba College of
Engineering and Management, Nagpur-13

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INTRODUCING THE DEPARTMENT OF PHYSICAL EDUCATION: EMPOWERING MINDS AND BODIES FOR EXCELLENCE!

At Shri Ramdeobaba College of Engineering & Management, Nagpur, the Department of Physical Education stands tall as a beacon of holistic development, fostering a vibrant sporting culture among our student community. We take immense pride in our commitment to nurturing not just brilliant engineers but also resilient sportspersons. Our dedicated team of coaches and instructors work tirelessly to instil the values of discipline, teamwork, and perseverance through a wide range of sporting activities.

As the heart and soul of the college's sports ecosystem, our department oversees a myriad of duties and provides various sports events and programmes according to the Annual Sports Calendar to facilitate growth and achievement of every student. From organizing inter-branch tournaments to sending the players for All-India Championships, we strive to create an environment where every student can explore their athletic potential and embrace a balanced lifestyle.

The Department of Physical Education leaves no stone unturned when it comes to catering to the diverse needs of our budding sports enthusiasts. Whether it's the well-maintained sports fields for games like Football, Volleyball Court, Basketball Court, cutting-edge gymnasium including Cardio and Weight training, Table Tennis Hall, our infrastructure offers students an optimal platform to excel in their chosen disciplines. With access to equipment and guidance, our students are encouraged to push their boundaries and unlock their true potential.

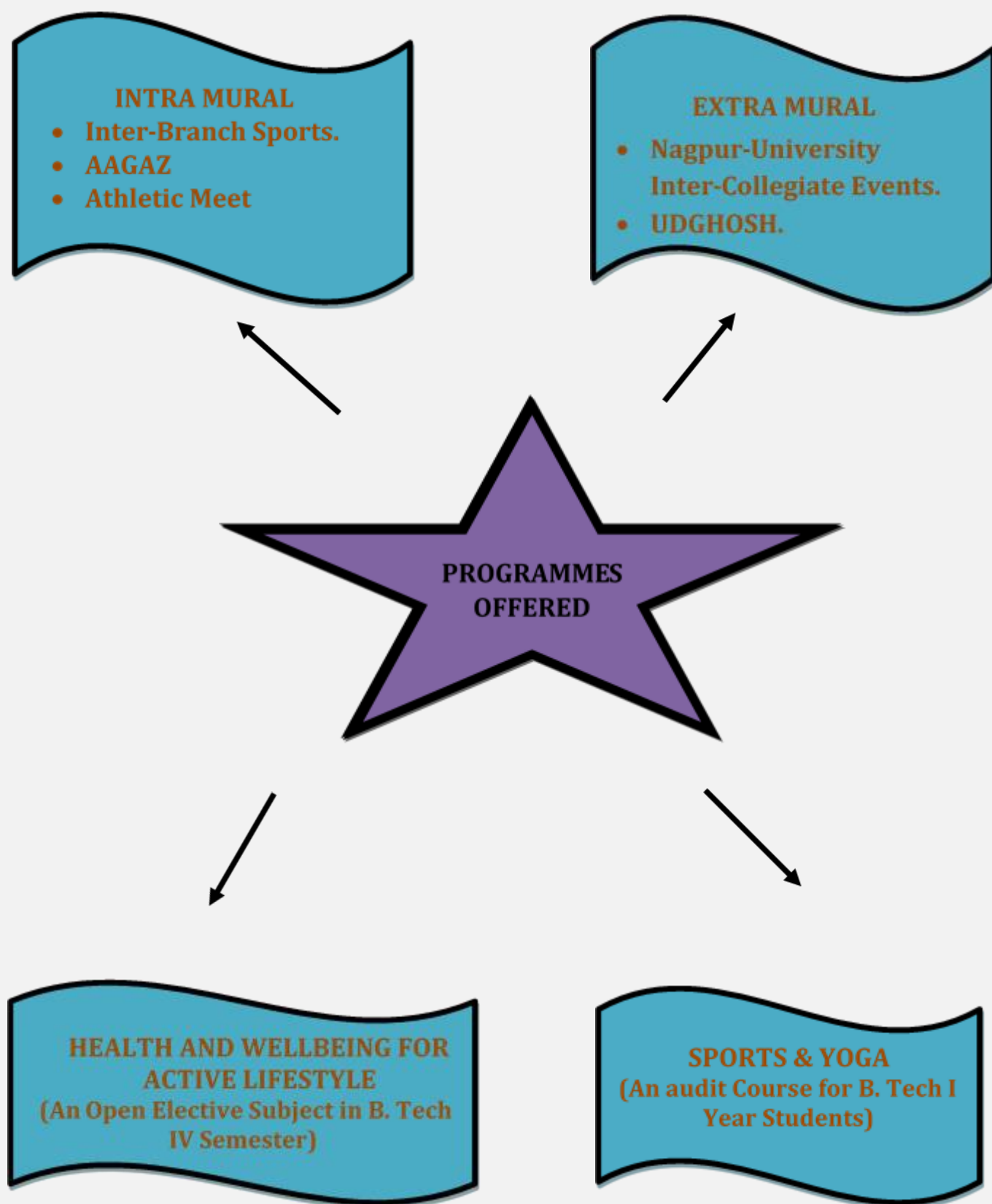
FACULTIES & STAFF

The Department of Physical Education at RCOEM boasts a remarkable team of teaching and non-teaching staff. With their unwavering dedication and expertise, our staff plays a pivotal role in shaping the holistic development of our students.

SR. NO.	NAME OF FACULTY/STAFF	DESIGNATION
1	Dr. Amit Anurag	Head of The Department
2	Prof. Saket Kanetkar	Assistant Professor
3	Dr. Amrita Pande	Assistant Professor
4	Mr. Dilip Sonule	Senior Helper
5	Mr. Sagar Raut	Helper

Together, let's embrace the motto: "Engineering Excellence through Sporting Spirit," and embark on an unforgettable adventure that blends the best of academia and athletics.

ACTIVITIES



ANNUAL SPORTS CALENDER

After a two-year hiatus caused by the global pandemic, the 2022-2023 academic session marked a return to normalcy for the Physical Education Department of RCOEM. With great enthusiasm, the department resumed organizing a wide range of sports and related activities, much like in pre-pandemic times. Surpassing our expectations, students from all B.Tech branches, as well as MBA and MCA programs, wholeheartedly participated in these events.

The Physical Education Department meticulously planned and executed various games and sports activities in accordance with the Annual Sports Calendar. As the session commenced, the department conducted interviews to select Sports Secretaries and Joint Sports Secretaries, who would play crucial roles in facilitating the smooth functioning of sports-related initiatives.

S.N	Event	Dates	Remark
1.	Display of Notice for Interview of Sports Secretary and Joint Secretary	20 th July 2022	✓
2.	Interview of Sports Secretary	23 rd July 2022	✓
3.	Interview of Sports Joint Secretary	20 th August 2022	✓
4.	<i>National Sports Day (Aagaz 4.0)</i>	29 th Aug 2022	✓
5.	Selection Trials Volleyball (M & W)	6-7 th Sept. 2022	✓
6.	Selection Trials Football (M & W)	7 th Sept. 2022	✓
7.	Selection Trials Cricket (M)	8 th Sept. 2022	✓
8.	Selection Trials Basketball (M & W)	10 th & 12 th Sept. 2022	✓
9.	Complete Sports Body with Branch Secretary Meeting	10 th Sept. 2022	✓
10.	Inter Branch Chess (M & W), Table Tennis Competition (M & W) & Badminton (M&W)	12 th & 16 th Sept. 2022	✓
11.	Selection Trials Chess (M & W), Table Tennis (M & W) & Badminton (M&W)	15 th & 17 th Sept. 2022	✓
12.	Inter Branch Tag rugby (M), Throwball (W)	10 th October 2022	✓
13	Cricket Practice Matches	Nov-Dec. 2022	✓
14	Inter Branch Football(M), Cricket (M)	1 st - 08 th December 2022	✓
15	Inter Branch Basketball (M & W)	8 th -14 th December 2022	✓
16	Inter Branch Volleyball (M & W), Cricket (W)	1 st - 12 th December 2022	✓
17	<i>Udghosh 2023</i>	4 th -12 th January 2023	✓
18	<i>Annual Athletics Meet 2023</i>	13 th – 14 th January 2023	✓
19	<i>Yoga Day</i>	21 st June 2023	

STUDENT'S SPORTS COMMITTEE

The Student Sports Committee of RCOEM stands as a driving force within the Department of Physical Education, empowering student athletes and playing a pivotal role in enhancing the overall sporting culture of RCOEM. Comprising passionate individuals who are dedicated to promoting sportsmanship, teamwork, and a spirit of healthy competition, the committee plays an integral part in organizing and executing a wide range of sports-related activities. Furthermore, the committee acts as a bridge between the student body and the Department of Physical Education.

The commencement of the session marked the selection of the sports committee, who then took charge of organizing significant events and tournaments, including the Inter Branch Sports, AAGAZ (National Sports Day Celebration), and UDGHOSH (Invitational Inter Collegiate). These activities were conducted under the guidance and supervision of the Physical Education Department.

CORE COMMITTEE			
SR.NO	NAME	BRANCH & YEAR	POST
1	Abhinav Kumar	EC IV YEAR	Secretary (M)
2	Tanaya Deshpande	IND IV YEAR	Secretary (W)
3	Jayesh Dharmale	EE III YEAR	Jt. Secretary (M)
4	Esha Kumbhare	AIML III YEAR	Jt. Secretary (W)

BRANCH SPORTS SECRETARIES (REPRESENTATIVES)			
SR. NO	BRANCH	YEAR	NAME
1	CIVIL	IV	Mohit Pawar
			Aditya Karwa
			Alankrita Sonekar
2	CS	IV	Atul Pandey
			Navya Verma
3	EN	IV	Himanshu Chauhan
			Divya Vyas
4	EE	IV	Mihir Mohurle
			Stuti Agrawal
5	EC	IV	Yash Potbhare
			Tejaswini Suryawanshi
6	EDT	IV	Devang Kubde
			Arya Agrawal
7	IND	IV	Omkumar Patil
			Davendar Singh
8	IT	IV	Nihar Malani
			Abhinashkumar Mehta
9	MECH	IV	Lokesh Dwivedi
			Vedanti Bhonde
10	MCA	II	Sakshi Oza
			Pratik Pathak
11	DMT	II	Jayesh Pareek
			Himanshi Arora

UNIVERSITY COLOUR HOLDERS

The tremendous participation of the players of RCOEM in *West Zone/ All India Inter-University* tournaments has been nothing short of awe-inspiring. Representing RCOEM with passion and dedication, these athletes have showcased exceptional skill and resilience on the competitive stage. We applaud our players for their extraordinary efforts and commend them for their representation of our college with utmost grace and sportsmanship.

**DEVASHREE AMBEGAOKAR, B.TECH I YEAR (CSE)
BASKETBALL (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Basketball (Women) Team in West Zone Inter University Basketball Championships Held At Indore organized by Shri Vaishnav Vidyapeeth Vishwavidyalaya from 08/11/2022 To 11/11/2022 & 24th Ashwamedh Inter University Basketball Championships At Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University From 03/12/2022 To 07/12/2022.



**RITUL BORKAR, B.TECH I YEAR (IND)
BASKETBALL (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Basketball (Women) Team in West Zone Inter University Basketball Championships held at Indore organized by Shri Vaishnav Vidyapeeth Vishwavidyalaya from 08/11/2022 to 11/11/2022 & 24th Ashwamedh Inter University Basketball Championships at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University from 03/12/2022 To 07/12/2022.

**ARYA DONGRE, EC II YEAR
BASKETBALL (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Basketball (Women) team in 24th Ashwamedh Inter University Basketball Championships at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University from 03/12/2022 To 07/12/2022.



**KUNAL SINGH THAKUR, E.N IV YEAR
HOCKEY(M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Hockey Men Team in West Zone Inter University Championships at Gwalior organized by I. T. M. University From 20/01/2023 To 25/01/2023.

**SHRADHA SANTOSH ALLEWAR, EC II YEAR
KARATE (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University All India Karate (Women) Team in All India Inter University Championships held at Bilaspur organized by Atal Bihari Vajpayee Vishwavidyalaya from 17/01/2023 To 22/01/2023.



**YASH INGOLIKAR, EC III YEAR
CHESS (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Chess (Men) Team in All India Inter University Chess Championships held at Chennai organized by Amet University from 13/03/2023 to 16/03/2023, & in West Zone Inter University Chess Men Championships held at Amarkantak organized by Indira Gandhi National Tribal University. The Competition was held on 15/11/2022 To 19/11/2022.

**ANSH SHAHU, B.TECH I YEAR
SHOOTING (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Shooting Men (10 Mtrs. Air Rifle) team in All India Inter University Championships held at Meerut organized by Swami Vivekanand Subharti University from 01/04/2023 To 05/04/2023.



**MIHIR MOHURLE, EE IV YEAR
WATER POLO (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Water Polo (Men) Team in All India Inter University Water Polo Championships held at Amritsar organized by Guru Nanak Dev University from 19/03/2023 To 21/03/2023

**PRAJAKTA TULARAM JOGI, MBA II YEAR
CRICKET (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Cricket (Women) team in West Zone Inter University Cricket Championships at Bhubaneswar organized by Kalinga Institute of Industrial Technology from 10/03/2023 To 18/03/2023.



**ANAND MARATHE, EC II YEAR
LAWN TENNIS (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Lawn Tennis (Men) Team in West Zone Inter University Lawn Tennis Championships at Kalyan, Mumbai organized by University Of Mumbai from 26/11/2022 to 30/11/2022.

**AKANSHA BAWANKULE, IND III YEAR
SWIMMING (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Swimming (Women) Team in All India Inter University Swimming [Men & Women] Championships at Bhubaneswar organized by Kalinga Institute of Social Sciences (KISS) From 26/12/2022 to 29/12/2022.



**SAMIDHA AWASTHI, IND II YEAR
SWIMMING (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Swimming (Women) Team in All India Inter University Swimming [Men & Women] Championships at Bhubaneswar organized by Kalinga Institute Of Social Sciences (KISS) from 26/12/2022 to 29/12/2022.

**VEDANTI DALVI, CSE II YEAR
JUDO (W)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Judo (Women) Team in All India Inter University Judo Women Championships at Phagwara organized by Lovely Professional University from 02.01.2023 to 06.01.2023.





**HIMANSHU ANIL CHAUHAN, EN IV YEAR
TAEKWONDO (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Taekwondo (Men) Team in All India Inter University Taekwondo Men Championships at Amritsar organized by Guru Nanak Dev University. The Competition was held on 03.01.2023 to 06.01.2023.

**RISHIKESH HIMANSHU PANDEY, EN II YEAR
TAEKWONDO (M)**

Represented Rashtrasant Tukdoji Maharaj Nagpur University Taekwondo (Men) Team in All India Inter University Taekwondo Men Championships at Amritsar organized by Guru Nanak Dev University. The Competition was held on 03.01.2023 to 06.01.2023.



HIGHLIGHTS FROM THE YEAR 2022-2023

The year 2022-2023 proved to be a remarkable in the records of the Department of Physical Education specially after the Pandemic, as it celebrated numerous noteworthy achievements and milestones.

- Fifteen (15) Students of the college represented RTM Nagpur University in West Zone/All India University Basketball, Lawn-Tennis, Chess, Hockey, Karate, Cricket, Judo, Taekwondo, Swimming, Water Polo and Shooting tournaments.
- The College has participated in **31 games** of R.T.M.N.U Intercollegiate tournaments and various trials organized by RTM Nagpur University during the session 2022-23.
- More than **1971 students** of R.C.O.E.M participates in different sports activities throughout the year which include R.T.M.N.U Intercollegiate, Inter-branch and Invitational Tournaments.



- **YASH INGOLIKAR** of ECE branch VI SEM was the member of RTMNU chess (M) team which secured **Third place** in All India Inter Zone University Chess Tournament held at Chennai from 14th – 16th March 2023. R.T.M.N.U Team also secured **Third place** in the West Zone Chess Championship held at Amarkantak (MP) from 15th to 19th November 2022.

- **SARAH JUNAID FAROOQUI** of III SEM, B. Tech Electronics and Communication Engineering (ECU), participated in the 7th South Asian Squay Martial Arts Championship which was held at Kathmandu, Nepal from 03-05 Feb 2023 and secured **Gold Medal** in Senior Girls K1 event.



RTM NAGPUR UNIVERSITY INTERCOLLEGIATE TOURNAMENT			
TEAM EVENT	1 ST PLACE	02 GAME	CHESS (M), LAWN TENNIS (M),
	2 ND PLACE	04 GAME	TT (W), BADMINTON (M), LAWN TENNIS(W), BASKETBALL(W)
	3 RD PLACE	03 GAME	TT(M), BADMINTON (W), CHESS(W)
INDIVI DUAL EVENT	GOLD MEDAL	07 EVENT	4 SWIMMING (M & W), JUDO (W) U-52KG, 2 TAEKWONDO (M)
	SILVER MEDAL	02 EVENT	2 SWIMMING (W)
	BRONZE MEDAL	06 EVENT	5 SWIMMING (M & W), KARATE (W) + 68 KG

RCOEM PARTICIPATION IN RTMNU INTER COLLEGIATE TOURNAMENTS
2022-2023

SR. NO.	EVENTS/ GAME	MEN/ WOMEN	DATE	VENUE	RESULT
1	Chess	Women	12- 14 OCT 2022	ST. VINCENT PALLOTI COLLEGE	3 rd PLACE
2	Chess	Men			1 st PLACE
3	Football	Women	13-16 OCT 2022	I.D.C.P.E NAGPUR	PARTICIPATION
4	Football	Men	12-17 OCT 2022	DNC COLLEGE	4 th PLACE
5	Basketball	Women	14-15 OCT 2022	RTMNU BASKETBALL COURT	2 nd PLACE
6	Basketball	Men	17-19 OCT 2022		PARTICIPATION
7	Kabaddi	Men	03 - 07 NOV 2022	PRIYADARSHANI COLLEGE	PARTICIPATION
8	Lawn Tennis	Women	14 -16 NOV 2022	OFFICERS CLUB, NAGPUR	2 nd PLACE
9	Lawn Tennis	Men	16-18 NOV 2022		1 st PLACE
10	Volleyball	Men	16 - 20 NOV 2022	RTMNU VOLLEYBALL COURT	PARTICIPATION
11	Badminton	Men	16 - 19 NOV 2022	TAYWADE COLLEGE & DNC	2 nd PLACE
12	Badminton	Women	17 - 19 NOV 2022		3 rd PLACE
13	Athletics	Men	22 - 25 NOV 2022	DSO STADIUM, Mankapur	PARTICIPATION
14		Women			PARTICIPATION
15	Table Tennis	Women	24 - 26 NOV 2022	RTMNU TT HALL	2 nd PLACE
16	Powerlifting	Men	27 - 29 NOV 2022	NTCPE NAGPUR	PARTICIPATION
17	Powerlifting	Women	27 - 29 NOV 2022		PARTICIPATION
18	Yogasana	Women	07 - 09 DEC 2022	SUBHEDAR HALL	PARTICIPATION
19	Fencing	Women	08 - 11 DEC 2022	ANJUMAN COLLEGE	PARTICIPATION
20	Swimming	Men	08 - 11 DEC 2022	DMRC BUTIBORI, NAGPUR	11 MEDALS (4 GOLD, 2 SILVER, 5 BRONZE)
21	Swimming	Women			
22	Tug of War	Men	09 - 11 DEC 2022	TAYWADE COLLEGE KORADI, NAGPUR	PARTICIPATION
23		Women	09 - 11 DEC 2022		PARTICIPATION
24	Boxing	Women	09 - 11 DEC 2022	NTCPE NAGPUR	PARTICIPATION
25	Table Tennis	Men	14-16 DEC 2022	RTMNU TT HALL	3 rd PLACE
26	Judo	Women	16 - 17 DEC 2022	R.S BIDKAR COLLEGE, HINGANGHAT	GOLD MEDAL
27	Taekwondo	Men	16 - 18 DEC 2022	BHIWAPUR MAHAVIDYALAYA	2 GOLD MEDALS
28	Karate	Women	20 - 22 DEC 2022	SUBHEDAR HALL	BRONZE MEDAL
29	Shooting	Men	22-24 DEC 2022	PRIYADARSHANI COLLEGE	PARTICIPATION
30	Archery	Men	27 - 29 DEC 2022	NTCPE NAGPUR	PARTICIPATION
31	Cricket	Men	09 - 20 JAN 2023	BINZANI MAHVIDYALAYA	PARTICIPATION

DETAILS OF INTER-COLLEGIATE PARTICIPATION

1. CHESS (MEN)

S. No	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	YASH INGOLIKAR	EC	III	V
2	ARYAN DEOGADE	EC	I	II
3	KUNAL SHARMA	EC	III	V
4	AKHILESH C. HARDAS`	CIV	IV	VII
5	SHRIRANG D. BHOYAR	EN	III	V

POSITION: 1st PLACE

2. CHESS (WOMEN)

S. No	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	TANYA V. PANDEY	B.TECH	I	II
2	YUKTA D AGRAWAL	B.TECH	I	II
3	SILVI VIJAY GUPTA	B.TECH	I	II
4	AARYA R. AGRAWAL	BIO. MED	III	V
5	ANUSHKA R. AGRAWAL	EC	III	V

POSITION : 3RD PLACE

3. BASKETBALL (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	TANAYA DESHPANDE	IND	IV	VII
2	PALAK GUPTA	EC	IV	VII
3	DEVASHREE AMBEGAOKAR	CSE	I	II
4	NAVYA MUKUL VERMA	CSE	IV	VII
5	RITUL BORKAR	IND	I	II
6	MRUNAL MOHATKAR	IND	IV	VII
7	DIVYA WAGHMARE	MCA	I	II
8	RAMA LABHE	AIML	I	II
9	AACHAL JOSHI	EN	I	II
10	MUSKAN P BHARUKA	IT	I	II
11	ARYA DONGRE	EC	I	II

POSITION : 2ND PLACE

4. BASKETBALL (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	ANURAG KHANDELWAL	EC	IV	VII
2	NINAD MANGESH KADU	AIML	II	V
3	PRATYUSH MISHRA	EC	IV	VII
4	SHREEYANSH KASHYAP	CIVIL	I	II
5	SUNIL SHEORAN	EC	IV	VII

6	OMKAR MARKANDEY	EN	I	II
7	GOVIND RAO	MECH	IV	VII
8	ANANT MISHRA	IND	I	II
9	ARNAV PALASKHEDKAR	EN	III	V
10	ATHARVA BAGDE	EE	I	II
11	ATHARVA PAWAR	CSE	I	II
12	SUMEDH A. PAWADE	EE	I	II

POSITION: PARTICIPATION

5. KABADDI (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	MALHAR PRASAD DANI	EE	IV	VII
2	DEWASHISH DESHMUKH	BIO. MED.	III	V
3	ANURAG	EE	III	V
4	RUSHABH SINGWI	CSE	II	III
5	AMEYA TIWARI	EE	III	V
6	ANSHUMAN PRAJAPATI	IND	IV	VII
7	ANIRUDDHA SINGH	EE	III	V
8	ANURAG RAJESH MISHRA	IND	III	V
9	SWASTIK BHAKTARTI	CIVIL	IV	VII
10	HIMANSHU YADAV	IND	IV	VII
11	JAYESH SANTOSH DHARMALE	EE	III	V
12	PRADYUMN VYAS	MECH	III	V

POSITION: PARTICIPATION

6. FOOTBALL (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	ANSHUL YADAV	MBA	I	II
2	JAIRIT RAWELL	IND	IV	VII
3	SHUBHAYU JAKKANWAR	IND	IV	VII
4	DEV GANDHI	EN	IV	VII
5	ADARSH SRIVASTAVA	EN	IV	VII
6	AKASH BIRTHARIYA	EN	IV	VII
7	ATHARVA CHAUDHARI	MECH	III	V
8	ADITYA YADAV	CSE	III	V
9	RIZWAN QURESHI	MECH	III	V
10	HUZAIF AHMED	MECH	I	II
11	VEDANT KHUJE	CYB. SEC.	III	V
12	NIHAR MALANI	IT	III	V
13	MADHAV SHARMA	EN	IV	VII
14	VARUN KALBHORE	CSE	IV	VII
15	ANSHUL GUPTA	MBA(I)	I	I

16	KARTIKEYAN VENKATESH (KARPAGAM VENKATESH)	MECH	I	II
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POSITION: 4TH PLACE

7. FOOTBALL (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	VISHAKHA RAJESH SHARMA	DS	III	V
2	SIMRAN SANJAY DHAWA	B.TECH	I	II
3	MUSKAN HAKIM WAGHADE	B.TECH	I	II
4	KHUSHI RAJENDRA CHOUBEY	CIV	IV	VII
5	ADITI AJEET SINGH	B.TECH	I	II
6	RISHIKA RAJESH KUMAR	B.TECH	I	II
7	NEHAL SUNIL NAGPAL	IND	III	V
8	MITALI DILIP DHARAPURE	IND	III	V
9	ANKITA YOGESH DWIVEDI	IND	III	V
10	NAYAN RUPLAN KSHIRSAGAR	IND	III	V
11	ALSANIYA KHALID HUSSAIN	AIML	III	V
12	NIDHI MONESH PILLAI	B.TECH	I	II
13	VISHAKHA SATBODH DAHIYA	B.TECH	I	II
14	ISHITA VIJAY PANDE	B.TECH	I	II
15	SARAH JUNAID FAROOQUI	B.TECH	I	I
16	SRUSHTI SANJAY PAI	EC	III	V

POSITION: PARTICIPATION

8. LAWN TENNIS (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	SHARVANI BAGDAI	IND	III	V
2	RADHA GIRADKAR	MECH	II	III

POSITION: 2ND PLACE

9. LAWN TENNIS (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	ANAND MARATHE	EC	II YEAR	III SEM
2	AMOGH MUTHAL	EN	II YEAR	III SEM
3	PRATIK MULAY	EC	II YEAR	III SEM

POSITION: 1ST PLACE

10. VOLLEYBALL (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	KETAN CHANDAK	IND	II YEAR	III SEM
2	VAIBHAV BANG	CIVIL	III YEAR	V SEM
3	AMIT YADAV	IT	III YEAR	V SEM
4	ABHISHEK SHRIVASTAV	MECH	II YEAR	III SEM
5	RUGWEDA KHIRATKAR	EC	III YEAR	V SEM
6	PRATIIK RATHI	CIVIL	IV YEAR	VII SEM
7	VEDANT MADHWE	CYBER SEC.	II YEAR	III SEM
8	ANISH PATANKAR	B.TECH	I YEAR	I SEM
9	TARRUN JAISWAL	CSE	IV YEAR	VII SEM
10	ATUL SUBHASH PANDEY	CSE	IV YEAR	VII SEM
11	PAVAN PAWAR	CSE	II YEAR	III SEM
12	ARYA N. NARLAWAR	CSE	II YEAR	III SEM

POSITION: PARTICIPATION

11. ATHLETICS (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	ADITYA YADAV	CSE	III	V
2	HEMANTPANDEY	IND	III	V
3	PRATHAMESH SHARMA	CSE	III	V
4	VED JAISWAL	ECE	II	III
5	PARVEZKHAN WAHIDKHAN PATHAN	MCA	II	III
6	ADITYA ANIL MADHANKAR	MCA	II	III
7	ADITYA ARVIND JHA	IND	III	V
8	VISHNU SHUKLA	CSE	III	V
9	MOHAMMAD KAIF RAZA K ANSARI	ECE	II	III
10	JAYESH DHARMALE	EEU	III	V
11	MOHD FAIZAN SHEIKH	IND	III	V

POSITION: PARTICIPATION

12. ATHLETICS (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	SAKSHI SANTOSH OZA	MCA	II	III
2	RUMAKSHEE NIRWAN	CIVIL	II	III
3	VISHAKHA DAHIYA	CIVIL	II	III

4	NIDHI PILLAY	EE	II	III
5	MANSI TAJNE	EN	II	III
6	AARAYA DONGRE	ECU	II	III
7	RITUL BORKAR	IND	II	III
8	ABHIAPSHA	IND	III	V
9	MUSKAN WAGADE	CEU	II	III

POSITION: PARTICIPATION

13. TABLE TENNIS (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	BAHVIKA K. BHOJWANI	AIML	III	V
2	KHUSHI RAMAVAT	CIVIL	III	V
3	UPASANA AMBHORKAR	IND	IV	VII

POSITION: 2ND PLACE

14. TABLE TENNIS (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	HARSHAL NAWLAKHE	EC	III	V
2	ANAND MARATHE	EC	II	III
3	SIDDHANT HIRANI	MBA(I)	III	VI
4	NIKHILESH CHANDAK	EE	I	II
5	SACHAL HABLANI	CSE	III	V

POSITION: 3RD PLACE

15. TUG OF WAR (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	PRANJAL BAJAJ	CSE	I	I
2	RITIKA JESWANI	IND	II	III
3	RIYA ASHWIN PANDE	MBA(I)	II	IV
4	APURVA PATEL	AIML	I	I
5	AADYA K. PANDE	AIML	I	I
6	KHUSHALI MILIN BEGDE	CSE	I	I
7	PURVA MUNDRA	EN	I	I
8	NANDINI JOSHI	EE	I	I
9	VAISHNAVI R. AGRAWAL	EE	I	I
10	RIDAA KAUSAR KHAN	CIVIL	I	I

POSITION: PARTICIPATION

16. TUG OF WAR (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	HARSH ANAND SHARMA	CIVIL	I	I
2	RATNESH RAMSEVAK MISHRA	CIVIL	I	I
3	KARTIK MANISH SWAMY	CIVIL	I	I

4	NAVTEJ HARMEET SINGH BEDI	MECH	I	I
5	PRATHAM VIVEK BAJAJ	EC	II	III
6	RUGVED SANJIV ANANTWAR	MECH	I	I
7	ABHINAV KUMAR	EC	IV	VII
8	OMKUMAR PATIL	IND	IV	VII
9	SHIVAM K. PAWAR	EC	II	III
10	MAYANK RAI	EC	II	III

POSITION: PARTICIPATION

17. YOGASAN (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	RITIKA JESWANI	IND	II	III
2	ARCHIE SAXENA	CY. SEC	II	III
3	ADITI RAVINDRA DASHPUTRE	EE	II	III

POSITION: PARTICIPATION

18. SHOOTING (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	ANSH RAKESH SHAHU	B.TECH (EC)	I	I

POSITION: PARTICIPATION

19. FENCING (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	DISHA SHARMA	B.TECH (ENCS)	I	I

POSITION: PARTICIPATION

20. KARATE (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	SHRADHA S. ALLEWAR	EC	II	III

POSITION: BRONZE MEDAL (+ 68 KG)

21. JUDO (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	VEDANTI DALVI	CSE	II	III

POSITION: 1 GOLD MEDAL (UNDER 52 KG)

22. TAEKWONDO (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	HIMANSHU ANIL CHAUHAN	EN	IV	VIII
2	RISHIKESH HIMANSHU PANDEY	EN	II	III

POSITION: 2 GOLD MEDAL

23. CRICKET (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	GEET BHUTE	CSE	II	III
2	BHARAT PUROHIT	MECH	III	V

3	ADITYA SHAHU	EC	III	V
4	ASHISH LALWANI	CIVIL	III	V
5	HARSH YOGENDRA MISHRA	MBA(I)	IV	VIII
6	AYUSH VIRUTKAR	EE	III	V
7	VINEET PRAKASHRAO BHOYAR	IND	III	V
8	YASH POTBHARE	EC	III	V
9	ANSH ASATI	CSE	II	III
10	PARTH DHORAJIYA	IT	IV	VIII
11	OMKUMAR PATIL	IND	IV	VIII
12	SUSHRUT BHAISWAR	CIVIL	III	V
13	ARYAN DEOGADE	EC	II	III
14	VEDANT SHYAM PINJARKAR	EC	II	III
15	ARNAV FALKE	CIV	IV	VIII
16	HIMANSHU BODHANKAR	EC	II	III

POSITION: PARTICIPATION

24. BOXING (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	NIDHI PILLAY	EE	II	III

POSITION: PARTICIPATION.

25. SWIMMING (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	AKANSHA BAWANKULE	IND	III	V
2	SAMIDHA AWASTHI	IND	II	III

POSITION: 2 GOLD, 2 SILVER, 2 BRONZE.

26. SWIMMING (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	MIHIR MOHURLE	EE	IV	VIII
2	KARTIK PATEL	MECH	IV	VIII
3	ISHAN CHINCHGHARE	DS	III	V
4	ANSHUL JADHAV	AIML	I	I

POSITION: 2 GOLD, 3 BRONZE.

27. POWERLIFTING (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	KHUSHI CHOUBEY	CIVIL	IV	VII
2	ANUSHREE JAIN	BIO-MED	II	III
3	ANUSHKA THENGRE	IND	III	V

POSITION: PARTICIPATION.

28. POWERLIFTING (MEN)

S.NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	TEJAS MANKAR	IND	III	V
2	SIDDHESH SINGABHATTI	AIML	II	III
3	ANISH APPALWAR	EC	II	III

POSITION: PARTICIPATION.

29. BADMINTON (MEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	JASKARAN SINGH SURI	MECH	III	V
2	NIKHILESH CHANDAK	EE	I	II
3	MUKUL PANPALIYA	EN	IV	VII
4	ARIHANT JAIN	EC	IV	VII
5	YASH CHOTWANI	IT	IV	VII
6	DEVANG TAYDE	MECH	I	II

POSITION: 2ND PLACE.

30. BADMINTON (WOMEN)

S. NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	PRANJALI JOSHI	CSE	III	V
2	ADITI SADHANKAR	MBA(I)	I	I
3	VAISHNAVI YADAV	EN	II	III
4	YASHASHWI WAHIE	EC	III	V
5	SIMRAN DHAVE	CIVIL	II	III

POSITION: 3RD PLACE.

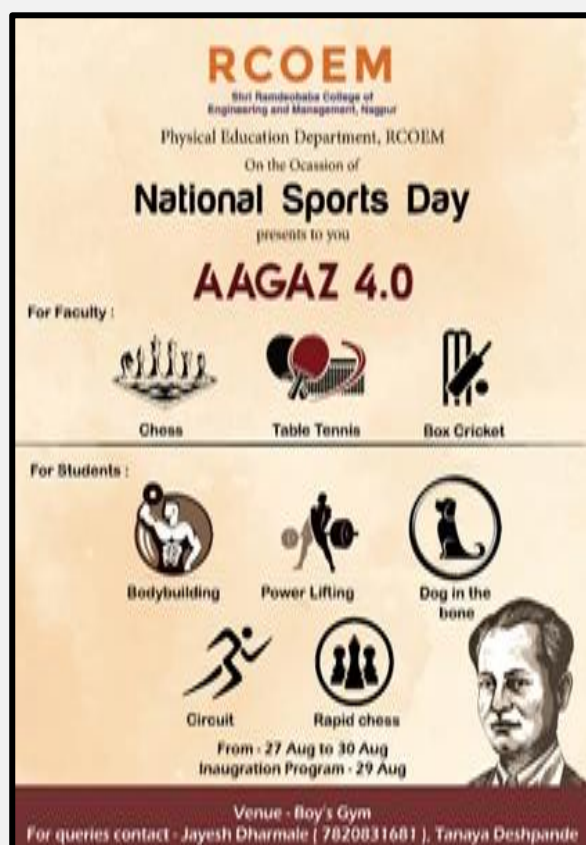
31. ARCHERY (MEN)

S.NO	NAME OF STUDENT	BRANCH	YEAR	SEMESTER
1	NISHIL BHOJRAJ BANTE	MBA(I)	IV	VII

POSITION: PARTICIPATION.

AAGAZ 4.0: CELEBRATION OF NATIONAL SPORTS DAY 22-23

The celebration of National Sports Day at RCOEM was a vibrant and memorable event, paying homage to the indomitable spirit of sportsmanship and the legacy of Major Dhyanchand. On this auspicious day, our Department of Physical Education orchestrates a grand sporting extravaganza, AAGAZ 4.0 which marked its beginning from 27th August 23. The onset of the COVID-19 pandemic brought about the suspension of sports events, leaving athletes and sports enthusiasts longing for the spirit of competition and physical activity. However, with the gradual reopening and resumption of normalcy, the revival of the AAGAZ served as a significant milestone, emphasizing the importance of individual physical fitness activities. The competition commenced with a formal inauguration on August 29, 2022, at 3:00 PM, led by Dr. Amit Anurag, Head of the Physical Education Department at RCOEM. During the event, Dr. Anurag provided participants with valuable insights, while Prof. Saket Kanetkar rendered continuous support and guidance.



Aagaaz 4.0 showcased a well-structured competition that consisted of two distinct parts. The first part encompassed three common events open to both boys and girls, while the second part featured a unique event exclusively for girls, highlighting their participation and prowess. The main events of Aagaaz 4.0 were as follows:

1. Chess (Boys/Girls)
2. Power Lifting (Boys/Girls)
3. Circuit for Points (Boys/Girls)
4. Dog and the Bone (Girls)

S.No.	Event name	Rules
1.	Chess	Matches were conducted according to the standard rules.
2.	Power Lifting	Minimum weight criteria, attempts were counted.
3.	Circuit for Points	Circuit: 10 push-ups, 10 sit ups, 10 crunches.
4.	Dog and the Bone	Team of 5 candidates participated.



1.1 CHESS: On August 27, 2022, the Chess competition commenced at 3 pm in the gymnasium. The competition, conducted in-person, featured a total of 15 players who engaged in matches against their assigned opponents based on pre-determined pairs. The winners of these matches progressed to the semi-finals, where they competed against each other. The final round witnessed the victors of the two semi-finals facing off for the ultimate showdown. Ultimately, there was a single winner who emerged triumphant from the intense Chess competition.

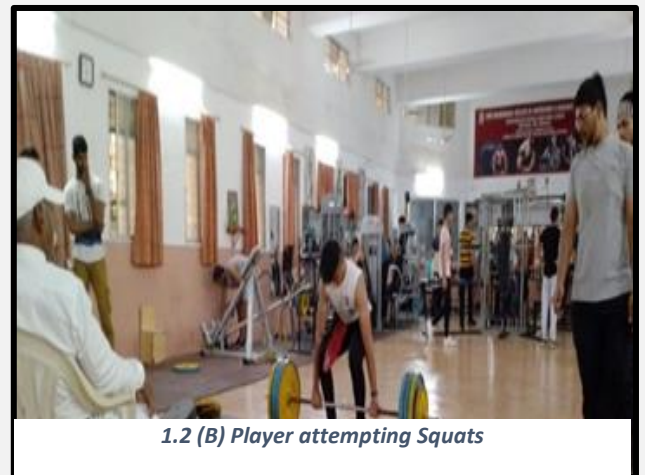


1.1 Chess players in action

1.2 POWERLIFTING: On August 30, 2022, the Powerlifting Competition took place, attracting a total of 13 participants. The event welcomed esteemed guest Mr. Subhash Kamdi, Nagpur District Secretary, who served as the judge for the powerlifting category. Participants were challenged to demonstrate their strength and technique in the Squats, Bench Press, and Deadlift events, with the weights progressively increasing after each round. The number of attempts made by each participant played a crucial role in determining the winners. Those who successfully lifted the maximum weights with the fewest attempts emerged as the victorious powerlifters of the competition.



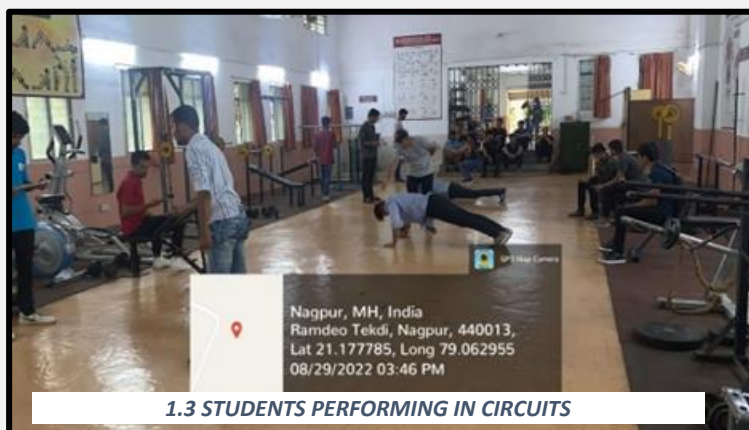
1.2 (A) Player attempting Dead-Lift



1.2 (B) Player attempting Squats

1.3. CIRCUIT OF CHAMPIONS: Following the conclusion of the Chess Finals on August 29, 2022, the next event, "Circuit of Points," commenced. The format remained consistent, with 12 participants in each round. Players were tasked with completing a specific circuit in the shortest possible time. The circuit for the first round included a predetermined set of exercises.

The competition proceeded smoothly, and at its conclusion, three winners were chosen - two boys and one girl. The selection of winners was based on their performance within the expected range and the distribution of marks. Participants who achieved the best results in terms of task completion and scoring were recognized as the deserving victors.



FOR BOYS:	FOR GIRLS:
10-25 burpees	8-22 burpees
10-25 pushups	8-22 pushups
30-45 free squats	25-40 free squats
30-45 crunches	20-35 crunches
90-120sec plank	90-120sec plank

1.4. DOG & THE BONE: On August 30, 2022, the highly anticipated Dog and the Bone competition took place, featuring a total of 15 participants. The participants were divided into groups of 5, engaging in exciting turn-based matches against each other. Filled with enthusiasm and a strong desire to emerge victorious, all players displayed remarkable interest and dedication throughout the fun-filled game. Ultimately, the team that emerged triumphant in their matches was declared the winners of the event.

Throughout the event, which concluded on August 30, 2022, participants showcased unwavering enthusiasm, keeping the competition alive and challenging. Out of the 68 registered participants, an impressive 50 individuals actively participated in one or more events, demonstrating their commitment to sportsmanship and their eagerness to engage in the spirited competitions.

RESULTS OF AAGAAZ 4.0					
S.N.	EVENT	POSITION	NAME	YEAR	BRANCH
1	CHESS (BOYS)	1	KUNAL SHARMA	III	EC
2	CHESS (GIRLS)	1	ANUSHKA AGRAWAL	III	EC
3	POWERLIFTING (BOYS)	1	JAAN KHAN	I	MBA
		2	ADITYA GUPTA	II	MBA(I)
4	POWERLIFTING (GIRLS)	1	PRIYANCY MALANI	I	AIML
		2	AARYA AGRAWAL	III	BIO MED
5	CIRCUIT FOR POINTS (BOYS)	1	HUZAFI HUSSAIN	III	EC
		2	HUZAFI AHMED	I	MECH
6	CIRCUIT FOR POINTS (GIRLS)	1	SAMIDHA NAYAK	III	BIO. MED
TEAM EVENT WINNER					
7	DOG AND THE BONE (GIRLS)	1	MASIRA KHAN	I	BIO. MED
			ANUSHREE JAIN	I	BIO MED
			SEJAL JAGTAP	I	IT
			MRUNMAIEE KURHADE	I	CSE
			NIRMITI UMEKAR	I	CSE

II. INTER-BRANCH TOURNAMENTS 2022-23

The Inter-Branch Championships, a highly anticipated event, took place with great fervor and enthusiasm. This intra-college competition pitted various branches against each other in a battle for glory and supremacy. Participants from different branches showcased their athletic skills and competitive spirit, competing in a wide range of sports disciplines. Throughout the event, the Department of Physical Education ensured fair play, maintained a competitive environment, and celebrated the achievements of the participants. The championships concluded with an award ceremony of PRATISHRUTI where the winning branch was honoured for their outstanding performances.

2.1 CHESS (M): The Department of Physical Education organized an Inter Branch Chess tournament for both men and women in the College from September 12th to 14th, 2022. The men's section consisted of 10 participating branches, with a total of 48 students taking part in the tournament. The final match took place on September 14th, 2022, and featured the EC and CIVIL branches competing against each other.

2.1 MOHGAONKAR SIR INTERACTING WITH THE PLAYERS



2.2 STUDENTS IN ACTION



2.2 CHESS (W): The Inter Branch Tournament organized by the Department of Physical Education in the College included a women's section with participation from 07 branches. A total of 33 students competed in this section of the tournament. The women's final match, held on September 15th, 2022, featured the EC and IT branches facing off against each other. Dr. Satish D. Mohgaonkar, the Head of the Mathematics Department, graced the final match with his presence.

2.3 TABLE TENNIS (M): The College organized an Inter Branch Table Tennis tournament for men from September 13th to 15th, 2022. A total of 11 branches participated in the men's section of the tournament, with 48 students taking part overall. The final match of the men's category was held on September 15th, 2022, and featured a thrilling competition between the MBA and ELECTRICAL branches.

2.4 TABLE TENNIS (W): During the Inter Branch Tournament for women's section in the College, a total of 10 branches participated. The tournament, which took place from

2.4 TABLE TENNIS PLAYERS IN ACTION



2.3 INTER BRANCH TT WINNERS CSE BRANCH



September 13th to 15th, 2022, saw 44

students competing against each other. The women's final match, held on September 15th, 2022, showcased an intense battle between the CSE and EN branches. Notably, faculties from both departments were present to witness the final match.

2.5 BADMINTON (M): An Inter Branch Badminton tournament for Men was organized by Department of Physical Education from 12th to 15th September 2022 at the Blessing Academy Badminton Court. In men's section 11 branches participated in the Inter Branch Tournament. Overall 52 students participated in this Inter Branch Tournament, Men's Final match was played between IT and MECH Branch on 15th September 2022.

2.6 BADMINTON (W): An Inter Branch Badminton tournament for Women was organized by Department of Physical Education from 12th to 15th September 2022 at the blessing academy Badminton Court. In women's section 11 branches participated in the Inter Branch Tournament. Overall 54 students participated in this Inter Branch Tournament, Women's Final match was played between EC and CSE Branch on 15th September 2022. During the final match teacher In-charge of EC dept. and CSE department were present

2.5 BADMINTON (M)



2.6 BADMINTON (W)



2.7 TAGRUGBY (M): From October 8th to 12th, 2022, an exhilarating Inter-Branch Tag Rugby Tournament for Men was organised. The tournament took place at the Football ground, drawing a total of 10 branches and 95 enthusiastic student participants. After several days of intense matches and competitive clashes, the final showdown unfolded on October 12th, 2022. The highly anticipated match featured the MECH and EE branches battling it out for the ultimate championship title.

2.7 TAG-RUGBY PLAYERS



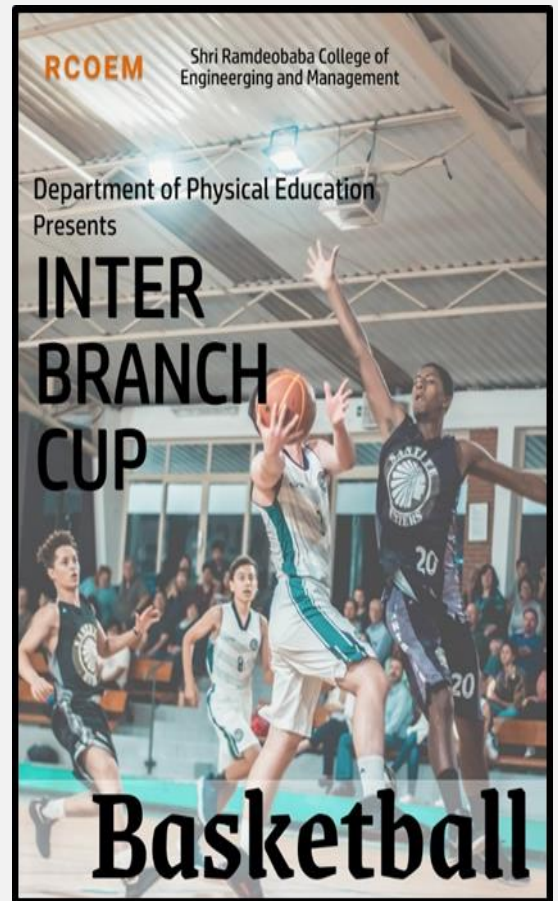
2.8 THROWBALL (W): From October 8th to 12th, 2022, an Inter Branch Throwball tournament exclusively for women took place at the Volleyball Court. The tournament witnessed the active participation of 09 branches and a total of 88 students. On October 12th,



2022, the final match unfolded, featuring a captivating showdown between the CSE and ECE branches. Notably, teachers from the EC and CSE departments were present during the final match to support and encourage the teams.

2.9 BASKETBALL (M): An exhilarating Inter Branch Basketball tournament for men was conducted from December 8th to 14th, 2022, at the Basketball Court. The tournament witnessed the participation of 9 branches in the men's section, with a total of 98 students competing in the Inter Branch Tournament. On December 14th, 2022, the final match took place between the MECH and EN branches, showcasing an intense battle for the championship title.

2.10. BASKETBALL (W): An exciting Inter Branch Basketball tournament for women, which took place from December 8th to 14th, 2022, at the Basketball Court. The tournament witnessed the participation of 7 branches in the women's section, with a total of 61 students competing in the Inter Branch Tournament. The highly anticipated Women's Final match was played on November 30th, 2022, and featured a thrilling showdown between the ECE and IND branches.



2.11. CRICKET (M): The St. Mary Cricket Ground played host to an exciting Inter Branch Cricket tournament for men, held from December 1st to 8th, 2022. A total of 11 branches and 171 students participated in this highly anticipated Inter Branch Tournament. On December 8th, 2022, the Men's Final Match took place, featuring a thrilling contest between the ECE and MECH branches. Notably, faculties from the EC department were present to witness and support the final match.

2.12. CRICKET (W): From December 1st to 8th, 2022, the college Ground hosted an exciting Inter Branch Cricket tournament for women. The tournament saw the active participation of 10 branches and 91 students in the women's section. On November 30th, 2022, the Women's Final match unfolded, featuring an intense showdown between the ECE and EN branches. Notably, faculties from both the EC department and CSE department were present during the final match to witness and support the teams.



2.13. FOOTBALL (M): The College Football Ground hosted an exciting Inter Branch Football tournament for men, which took place from December 1st to 5th, 2022. A total of 11 branches and 112 highly enthusiastic students participated in this competitive Inter Branch Tournament. The Final Match, held on December 5th, 2022, showcased a thrilling face-off between the CSE and MBA branches. During the final match, teachers from both the MBA and CSE departments were present to witness and support the teams.



2.14. VOLLEYBALL (W): Inter Branch Volleyball tournament for women was organized from 1st to 5th December 2022 at the College Football Ground. Total 11 branches and 95 students participated in this Inter Branch Tournament. All the students were highly enthusiasts and were giving their best. The Final Match was played between MBA and Mechanical Branch on 5th December 2022. During the final match teachers from MBA and CSE department were present.



2.15. VOLLEYBALL (M): Inter Branch Volleyball tournament for Men was organized from 1st to 5th December 2022 at the College Football Ground. Total 11 branches and 109 students participated in this Inter Branch Tournament. All the students were highly enthusiasts and were giving their best. The Final Match was played between ECE and EN Branch on 5th December 2022. During the final match teachers from MBA, ECE, EN department were present.

2.16 OVERALL INTER-BRANCH RESULTS: The Interbranch tournaments showcased an incredible display of talent, dedication, and competitive spirit among the participating branches. Students from various branches came together to compete in a wide range of sporting events, fostering a sense of camaraderie and healthy competition. The final matches of each tournament were highly anticipated, as they showcased the best teams from different branches battling it out for the championship title. The atmosphere was electric, with supporters cheering for their respective branches, creating an atmosphere of excitement and thrill. Overall, the Interbranch tournaments were a resounding success, leaving a lasting impression on both participants and spectators alike. They were a testament to the college's commitment to holistic education and the development of well-rounded individuals.

Here are the final results of the Interbranch tournaments:

RESULTS OF R.C.O.E.M INTER BRANCH TOURNAMENTS 2022-23								
S R. N O .	EVENT/ GAMES	DATE	VENUE	NO. OF TEAMS	TOTAL PARTIC IPANTS	I PLACE	II PLACE	III PLACE
1	CHESS (M)	12 th -14 th Sept 22	COLLEGE	10	48	EC	CIVIL	CSE
2	CHESS (W)			7	33	EC	IT	EE
3	TABLE TENNIS (M)	13 th -15 th Sept 22	COLLEGE TT HALL	11	48	MBA	EE	CSE
4	TABLE TENNIS (W)			10	44	CSE	EN	IND
5	BADMINTON (M)	12 th -15 th Sept 22	BLESSING ACADEMY BADMINTON COURT	11	52	MECH	IT	CSE
6	BADMINTON (W)			11	54	EC	CSE	IND
7	BASKETBALL (M)	08 th - 14 th Dec 22	COLLEGE BASKETBALL COURT	9	98	MECH	EN	CS
8	BASKETBALL(W)	28 th - 30 th Nov 22		7	61	EC	IND	EN
9	CRICKET (M)	01 st - 08 th Dec 22	ST. MARY CRICKET CROUND	11	171	EC	MECH	CIVIL
10	CRICKET (W)	28 th - 30 th Nov 22	COLLEGE GROUND	10	91	EC	EN	MBA
11	VOLLEYBALL (M)	01 st - 05 th Dec 22	COLLEGE VOLLEYBALL GROUND	11	109	EC	EN	MBA
12	VOLLEYBALL (W)	05 th - 08 th Dec 22		11	95	MBA	MECH	CSE
13	TAGRUBY (M)	08 th -12 th Oct 22	COLLEGE FOOTBALL GROUND	10	95	MECH	EE	IND
14	FOOTBALL (M)	01 st - 05 th Dec 22	COLLEGE FOOTBALL GROUND	11	112	CS	MBA	EN
15	THROWBALL (W)	08 th -12 th Oct 22	COLLEGE GROUND	9	88	CSE	EE	IT
16	ATHLETICS (M)	13 th - 14 th Jan 2023	TIRPUDE COLLEGE ATHLETICS GROUND	11	212	CS	MECH	EC
17	ATHLETICS (W)			11	127	CSE	MBA	CVIL

2.17 BRANCHWISE PARTICIPATION AND POSITION (MEN):

The Interbranch tournaments witnessed a strong and enthusiastic participation of male students from various branches. Each branch showcased their sporting prowess and competitive spirit, adding to the excitement of the events.

BRANCH	PARTICIPATED IN (GAMES / EVENTS)	NOT PARTICIPATED IN (GAMES / EVENTS)	TOTAL PARTICIPATION	TOTAL POINTS	FINAL STANDING
MECH	9	0	94	21	I
CS	9	0	94	19	II
EC	9	0	97	16	III
MBA	9	0	88	9	
EN	9	0	92	7	
EE	9	0	79	6	
CIVIL	9	0	84	4	
IT	9	0	93	3	
IND	9	0	93	1	
EDT/B.M.	8	1 (BASKETBALL)	72	0	
MCA	6	3 (CHESS, TAGRUGBY, BASKETBALL)	59	0	
OVERALL PARTICIPANTS			945		

2.18 BRANCHWISE PARTICIPATION & POSITION (WOMEN):

The Interbranch tournaments saw a remarkable participation of female students as well from various branches, each showcasing their passion for sports and a competitive spirit. The women's section witnessed an impressive display of talent and teamwork.

BRANCH	PARTICIPATED IN (GAMES / EVENTS)	NOT PARTICIPATED IN (GAMES / EVENTS)	TOTAL PARTICIPATION	TOTAL POINTS	FINAL STANDING
EC	8	0	66	20	I
CS	8	0	67	19	II
MBA	7	1 (CHESS)	58	9	III
EN	8	0	64	7	
IND	7	1 (CHESS)	57	5	
EE	7	1 (BASKETBALL)	50	4	
IT	8	0	65	4	
MECH	7	1 (THROWBALL)	54	3	
CIVIL	6	2 (CHESS, BASKETBALL)	44	1	
EDT/B. M.	6	2 (BASKETBALL, CRICKET)	41	0	
MCA	4	4 (CHESS, BASKETBALL, TT, THROWBALL)	27	0	
OVERALL PARTICIPANTS			593		

2.19 STUDENT'S OVERALL PARTICIPATION: The college students demonstrated remarkable participation in various levels of sports competitions, including intramural, invitational, intercollegiate, interuniversity, and even at the west zone as well as the All India level. In intramural events, students enthusiastically competed within the college, showcasing their skills and fostering healthy competition among peers. Invitational tournaments allowed students to showcase their abilities against teams from other colleges, providing a platform for growth and networking. Intercollegiate competitions expanded the scope, where students represented their college against other institutions, engaging in spirited battles for glory. Interuniversity events elevated the competition to a regional level, where students proudly represented their university against counterparts from different academic institutions. Finally, the participation of college students at the west zone and All India level exemplified their dedication and talent, as they competed against top athletes from across the region. Through their participation in these various sports events, the students of RCOEM displayed a passion for sports, a commitment to excellence, and a desire to represent their college or university with pride.

RCOEM STUDENTS PARTICIPATION IN SPORTS ACTIVITIES (OVERALL)	
OVERALL PARTICPATION IN INTRAMURAL ACTIVITIES.	1538 STUDENTS
OVERALL PARTICPATION IN RTMNU INTERCOLLEGIATE ACTIVITIES.	192 STUDENTS
OVERALL PARTICPATION IN INVITATIONAL TOURNAMENTS.	228 STUDENTS
REPRESENTATION OF RCOEM STUDENTS IN RTMNU TEAM FOR WEST ZONE/ALL INDIA UNIVERSITY MEET.	15 STUDENTS
OVERALL	1971 STUDENTS

III. ANNUAL SPORTS DAY

The Annual Athletic Day is a highly anticipated event organized by the Department of Physical Education, RCOEM; where a variety of athletic events are held for both faculties and students. This special day serves as a platform to showcase the sporting talents and promote a healthy and active lifestyle within the college community. Through the various events of track and field, participants from different departments come together to compete, foster camaraderie, and celebrate the spirit of sportsmanship. The Annual Athletic Day not only provides an opportunity for physical activity but also promotes a sense of unity and friendly competition among the participants, creating lasting memories and a sense of pride for all involved.

3.1 Annual Athletic Meet:

This year the Annual Athletic Meet took place on January 13th and 14th, 2023 at Tirpude College Athletics Ground. The event commenced with a torch march led by the colour holders of RCOEM College. This year's edition featured a total of 13 events, including 10 running events and 3 throwing events. Here are the results of the competition:

S.N	EVENT	POSITION	NAME	BRANCH	YEAR
1	100 MTR (M)	I	NINAD KADU	CSE	III
		II	FAIZAN SHEIKH	IND	III
		III	AYUSH CHAVAN	CIVIL	II
2	100 MTR (W)	I	PRAJAKTA JOGI	DMT	II
		II	MUSKAN WAGHADE	CIVIL	II
		III	ADITI SINGH	CSE	II
3	200 MTR (M)	I	NINAD KADU	CSE	III
		II	AYUSH CHAVAN	CIVIL	II
		III	ATHARVA CHAUDHARI	MECH	III
4	200 MTR (W)	I	PRAJAKTA JOGI	DMT	II
		II	ADITI SINGH	CSE	II
		III	NIDHI PILLAY	EE	II
5	400 MTR (M)	I	RUGWEDA KHIRATKAR	ECE	III
		II	ADITYA YADAV	CSE	III
		III	ADITYA LODI	CSE	II
6	400 MTR (W)	I	PRAJAKTA JOGI	DMT	II
		II	ADITI SINGH	CSE	II
		III	NIDHI PILLAY	EE	II
7	1500 MTR (M)	I	KARTIKEYAN VENKATESH	MECH	II
		II	KSHITIJ LAMBAT	BIOMED	II
		III	RUGWEDA KHIRATKAR	ECE	III
8	JAVELIN (M)	I	FAIZAN SHEIKH	IND	III
		II	SAMEER PANNAME	MECH	II
		III	VISHNU SHUKLA	CSE	III
9	SHOT PUT (M)	I	KAUSHIK DUBEY	MECH	IV
		II	PARVEZKHAN PATHAN	MCA	II
		III	VISHNU SHUKLA	CSE	III

10	SHOT PUT (W)	I	DEVASHREE AMBEGAOKAR	CSE	II
		II	MUSKAN WAGHADE	CIVIL	II
		III	ABHISHREE KOLHARKAR	ECE	II
11	4 X 100 MTR RELAY (M)	I	PARAMJOT SINGH RIHAN	DMT	I
			DANISH ATHAR	DMT	I
			ABHISHEK GAUR	DMT	I
			PUSHPEMDRA SINGH RATHORE	DMT	II
		II	ADITYA LODHI	CSE	II
			VEDANT MURAI	CSE	II
			NINAD KADU	CSE	III
			ADITYA YADAV	CSE	III
		III	SACHIN YADAV	ECE	II
			SAHIL NIMBURKAR	ECE	II
			YASH POTBHARE	ECE	III
			HIMANSHU BODHANKAR	ECE	II
12	4 X 100 MTR RELAY (W)	I	ADITI SINGH	CSE	II
			PRIYAL	CSE	III
			ANUSHKA KHANDELWAL	CSE	III
			OSHIKA ROY	CSE	III
		II	SRUSHTI PAI	ECE	III
			ARYA DONGRE	ECE	II
			SIDDHI SAHU	ECE	II
			ABHISHREE KOLHARKAR	ECE	II
		III	VISHAKHA DAHIYA	CIVIL	II
			RUMAKSHEE NIRWAN	CIVIL	II
			MUSKAN WAGHADE	CIVIL	II
			ISHA TARPE	CIVIL	II
13	4 X 400 MTR RELAY (M)	I	ADITYA LODHI	CSE	II
			ADITYA YADAV	CSE	III
			RAJESH THAKARE	CSE	III
			DEEPAK SINGH	CSE	III
		II	RUGWEDA KHIRATKAR	ECE	III
			JAYESH DHOOT	ECE	II
			SACHIN YADAV	ECE	II
			MOHAMMAD KAIF	ECE	II
		III	ATHARVA CHAUDHARI	MECH	III
			SOHAM WAGH	MECH	IV
			KARTIKEYAN VENKATESH	MECH	II
			PRADYUMN VYAS	MECH	III



3.2. Faculty Sports Meet: The RCOEM Annual Sports Day celebration witnessed the timeless tradition of the teaching and non-teaching members of RCOEM coming together with unparalleled zeal and enthusiasm. It was a day filled with excitement and energy as they actively engaged in a variety of track and field events meticulously organized by the RCOEM Physical Education Department. With each participant showcasing their passion and dedication, the atmosphere was electric and pulsating with friendly competition. Their active participation served as an inspiration to the students and emphasized the importance of maintaining a balanced approach to both academic and physical pursuits. The RCOEM Annual Sports Day celebration not only fostered a sense of unity within the institution but also provided an opportunity for the entire RCOEM community to come together, bond, and create cherished memories that will be treasured for years to come.



SR. NO.	EVENTS	PLACE	COMPETITORS NAME	DEPARTMENT
1	2 KM WALKING (WOMEN)	1	SUNITA DHOTE	MBA
		2	TEJASVINI PARALKAR	MBA
		3	-	-
2	5 KM WALKING (MEN)	1	PRASHEEL THAKRE	EC
		2	YASHWANT SONKHASKAR	MECH
		3	RAJIV KHAIRE	MBA(I)
3	50 MTRS (W).	1	SUNITA DHOTE	MBA
		2	GAYATHRI BAND	MBA
		3	TEJASVINI PARALKAR	MBA
4	SHOT PUT (M)	1	ALLAN ABRAHAM	T & P CELL
		2	JANMEJAY SHUKLA	MBA
		3	PARIHAR DAHAKE	MBA(I)
5	SHOT PUT (W)	1	GAYATHRI BAND	MBA
		2	SUNITA DHOTE	MBA
		3	TEJASVINI PARALKAR	MBA

IV. AWARDS & RECOGNITION

Every year, the Department of Physical Education at RCOEM presents prestigious accolades such as the Branch Sports Cup, Best Sports Person of the Year, and the Best Players Award. These honors are bestowed upon students who have exhibited exceptional performance in their respective game or sport during the inter-branch sports competitions. The awards ceremony takes place during 'PRATISHRUTI' the annual event at RCOEM where achievements and talents are celebrated. These awards serve as a recognition of the outstanding dedication, skills, and achievements of the deserving students in the field of sports.

4.1 SPORTS-CUP (OVERALL CHAMPIONSHIP) 22-23: The Sports Cup Overall Championship is the ultimate recognition of excellence in sports at RCOEM. It symbolizes the remarkable achievements and collective efforts of the participating branches throughout the year. This prestigious accolade is awarded to the branch that exhibits outstanding performance and consistent success across various inter-branch sports events. The Sports Cup Overall Championship represents not only athletic prowess but also teamwork, determination, and a passion for sports. It fosters a healthy competitive spirit among the branches, motivating them to strive for greatness and uphold the values of sportsmanship.

SR NO.	TROPHIES	MEN/WOMEN	WINNER
1	SPORTS CUP	MEN	MECHANICAL
2	SPORTS CUP	WOMEN	ELECTRONICS & COMMUNICATION
3	FAIR-PLAY AWARD	-	IT

4.2. BEST SPORTSPERSON OF THE YEAR 22-23: The title of "Best Sportsperson of the Year" at the college is a prestigious honor that recognizes an exceptional individual who has demonstrated extraordinary talent, dedication, and sportsmanship throughout the year. This award is bestowed upon a student who has consistently excelled in their chosen sport, showcasing outstanding skills, leadership qualities, and a strong work ethic. The recipient of this award stands as a role model for aspiring athletes, representing the pinnacle of sporting excellence within the college community.

SR NO.	NAME	BRANCH & YEAR
1.	NINAD KADU	CSE (AIML) - 3 RD YEAR
2.	ARYA DONGRE	EC - 2 ND YEAR

4.3. BEST PLAYER IN INTERBRANCH SPORTS CUP 22-23:

The Best Player of the Inter Branch Sports Cup embodies the qualities of a true sports champion, demonstrating exceptional talent, sportsmanship, leadership, and dedication throughout the tournament. This accolade not only celebrates the individual's achievements but also serves as a source of inspiration and motivation for other participants. The Best Player award showcases the importance of individual excellence and highlights the positive impact of their contributions to the overall success of their branch in the Inter Branch Sports Cup.

SR. NO	GAMES	MEN/WOMEN	BEST PLAYERS	BRANCH & YEAR
1.	BADMINTON	MEN	JAS KARAN SURI	MECH - III YEAR
2.	BADMINTON	WOMEN	YASHASWIE WAHI	EC - III YEAR
3.	TABLE-TENNIS	MEN	SIDDHANT IRANI	MBA - IV YEAR
4.	TABLE-TENNIS	WOMEN	ARYA MUJUMDAR	CSE - III YEAR
5.	CHESS	MEN	YASH INGOLIKAR	EC - III YEAR
6.	CHESS	WOMEN	NIRALI MEHTA	EC – IV YEAR
7.	BASKETBALL	MEN	GOVIND RAO	MECH- IV YEAR
8.	BASKETBALL	WOMEN	ARYA DONGRE	EC – II YEAR
9.	VOLLEYBALL	MEN	RUGWEDA KHIRATKAR	EC - III YEAR
10.	VOLLEYBALL	WOMEN	SHRUTI KARANDIKAR	MBA - III YEAR
11.	CRICKET	MEN	ADITYA SAHU	EC- III YEAR
12.	CRICKET	WOMEN	ARYA DONGRE	EC- II YEAR
13.	ATHLETICS	MEN	NINAD KADU	CSE- III YEAR
14.	ATHLETICS	WOMEN	PRAJAKTA JOGI	MBA – II YERA
15.	THROW BALL	WOMEN	NAVYA VERMA	CSE - IV YEAR
16.	FOOTBALL	MEN	NINAD KADU	CSE- III YEAR
17.	TAG-RUGBY	MEN	ATHARVA CHAUDHARY	MECH - III YEAR

V. INVITATIONAL TOURNAMNETS (22-23)

RCOEM actively participates in invitational tournaments, where the college teams proudly represent RCOEM and showcase their sporting prowess. These tournaments provide an excellent platform for our talented athletes to compete against teams from other colleges and institutions. The invitational tournaments allow our students to demonstrate their skills, teamwork, and determination, while also fostering a spirit of healthy competition and camaraderie. It is a proud moment for RCOEM when our teams compete at invitational tournaments, as they represent the college's commitment to sports excellence and serve as ambassadors of our institution. Through these tournaments, RCOEM showcases its dedication to nurturing and supporting the talents of our student-athletes, while also promoting a positive sporting culture within the college community.

The details of the participation of RCOEM in invitational Tournaments are as follows in a nut-shell:

SR. NO	ORGANIZED BY	DATE	GAME	RESULT
1.	DR. PUNJABRAO DESHMUKH KRIDA MAHOTSAVA	28 th Sept- 1 st Oct 2022	FOOTBALL	PARTICIPATION
			BASKETBALL	4TH PLACE
			CHESS	1ST PLACE
			VOLLEYBALL (M)	PARTICIPATION
			BADMINTON (M)	PARTICIPATION
			CRICKET (M)	SEMI FINAL
2	G. H. RAISONI COLLEGE OF ENGINEERING NAGPUR	11 th & 12 th Feb 2023	FUTSAL(M)	WINNER
			BASKETBALL (M)	PARTICIPATION
3	SUBHASH MANDAL, COTTON MARKET	23 rd – 26 th Jan 2023	KABADDI(M)	PARTICIPATION



VI. UDGHOSH 5.0

From 4th to 14th January 2023, the Department of Physical Education at Shri Ramdeobaba College of Engineering and Management (RCOEM) organized UDGHOSH 5.0, an exciting inter-college sports festival. This initiative aimed to encourage and motivate students to actively participate in sports alongside their academic pursuits. The festival featured six thrilling competitions in chess, basketball, cricket, football, table tennis, and volleyball.

The cricket tournament kick-started the event on 4th January 2023, attracting a total of 9 teams. The basketball competition witnessed a gathering of 18 teams, while the football tournament saw the participation of 12 teams. Rapid chess attracted nearly 50 students, showcasing their skills and strategic thinking. This year, UDGHOSH witnessed an overwhelming response, with over 600+ students and 30+ teams eagerly participating in the festival. On January 10, 2023, the event was officially inaugurated by Dr. RS Pande, the Principal of RCOEM, along with Dr. Sharad Suryawanshi, the Director of Physical Education and Sports at Rashtrasant Tukdoji Maharaj Nagpur University. The inaugural ceremony was graced by the presence of Dr. M B Chandak, the Dean of Academics at RCOEM, Dr. Amit Anurag, the Head of RCOEM's Physical Education Department, and Assistant Professor Mr. Saket Kanetkar.



RCOEM Shri Ramdeobaba College of Engineering And Management, Nagpur
Department of Physical Education
"शरीर माध्यम खलु धर्म साधनम्"

UDGHOSH 5.0
Character Building Through Sports
INTER-COLLEGIATE SPORTS FESTIVAL
4th to 12th January 2023

Win Prizes worth 1 Lac Rs
22 Individual Trophies

Sr.No.	Event	Entry fees	1st prize	2nd prize
1	Cricket (MC)	5000 Rs.	15000 Rs.	8000 Rs.
2	Football (MC)	2000 Rs.	7000 Rs.	4000 Rs.
3	Football (WC)	500 Rs.	2500 Rs.	1500 Rs.
4	Basketball (MC)	1000 Rs.	3000 Rs.	1000 Rs.
5	Basketball (WC)	700 Rs.	3500 Rs.	2000 Rs.
6	Chess (MC)	150 Rs.	3000 Rs.	1500 Rs.
7	Chess (WC)	100 Rs.	2000 Rs.	1200 Rs.
8	Volleyball (MC)	700 Rs.	2000 Rs.	2000 Rs.
9	Volleyball (WC)	500 Rs.	2500 Rs.	1000 Rs.
10	Table Tennis (MC)	500 Rs.	2500 Rs.	1000 Rs.
11	Table Tennis (WC)	500 Rs.	2500 Rs.	1000 Rs.

Prof. Saket Kanetkar 8980660960 HOD Dr. Amit Anurag 9823343789 Abhinav Kumar 7666465465
Email: udghosh@rknec.edu, hodphyedu@rknec.edu @rcoem_sports



6.1 RAPID CHESS (M & W): After the grand inauguration of UDGHOSH on January 10, the highly anticipated Rapid Chess tournament commenced, attracting the participation of 40 students from 6 different colleges. Amongst the talented competitors, Yash Dhoke from IIITN College emerged as the victor, claiming the coveted first-place position. In recognition of his exceptional skills, Yash was awarded a cash prize of 2000/- rupees. Devansh Ratti from G. H. Raisoni College showcased remarkable prowess as well, securing the second-place position and receiving a cash prize of 1200 rupees. The tournament showcased the strategic abilities and competitive spirit of the participants, making it a memorable event within the UDGHOSH sports festival.



6.2. CRICKET (M): The cricket tournament commenced on January 4 at St. Mary's cricket ground and extended until January 14. The tournament witnessed an enthusiastic participation of 15 teams from various colleges in Nagpur. The tournament's structure consisted of 5 pools and 2 rounds. The top two teams from each pool advanced to the subsequent round. The

allocation of teams into the second-round groups was determined through a chit-picking process conducted in the presence of the qualifying team captains. C.P.C College emerged as the deserving champions, securing the first-place position and claiming a prize money of 11000/- rupees. A. G. College showcased remarkable performance as well, securing the second-place position and earning a prize money of 6000/- rupees. The cricket tournament showcased the competitive spirit and cricketing skills of the participating teams, creating an exciting atmosphere throughout the event.



6.3. FOOTBALL (M): The football tournament kicked off on January 9 at the Tirpude College Football Field and concluded on January 12. A total of 12 teams enthusiastically participated in the event. Initially, the teams were grouped into four distinct groups, engaging in intense matches to secure a spot in the semi-finals. Following the group stage, the top-performing teams from each group advanced to the semi-finals, where they battled fiercely for a place in the finals. In the ultimate showdown, Hislop College emerged victorious, showcasing their exceptional



skills and determination, and clinching the championship title. In recognition of their outstanding performance, Hislop College received a well-deserved trophy and a prize money of 7000/- rupees. A. G. College showcased commendable sportsmanship as the runners-up and were rewarded with a cash prize of 5000/- rupees. The football tournament provided an exhilarating experience for the participating teams, fostering healthy competition and camaraderie on the field.

6.4 BASKETBALL (M & W): Basketball commenced from January 9 to January 12, attracting a total of 19 teams comprising both men and women participants. The men's basketball tournament featured four groups, with the top team from each group advancing to the semifinals, followed by the victorious teams competing in the finals. In the women's basketball category, the finals consisted of the top two teams from a group of five. Dr. Sunita Dhote from the Department of Management Technology, RCOEM graced the women's basketball final match as a guest. The men's basketball championship title was claimed by Hislop College, showcasing their exceptional skills and teamwork, while RCOEM A emerged as the champions in the women's basketball division.



6.5. TABLE- TENNIS (M): The Table-Tennis tournament commenced on January 10 at the Boy's gym, RCOEM, featuring a gathering of 5 teams. After intense matches, the top two teams progressed to the finals. In a thrilling showdown, M. P. Deo emerged victorious, displaying remarkable skills and determination, earning them the championship title. As a reward for their exceptional performance, M. P. Deo received a trophy and a prize money of 2500/- rupees. VNIT showcased commendable sportsmanship as the runners-up, securing a cash prize of 1500/- rupees. The Table-Tennis tournament provided an exciting and competitive environment for the participating teams, highlighting their talent and passion for the sport.



FINAL RESULTS OF UDGHOSH 5.0 (22-23)

SR. NO.	EVENT NAME	TOTAL TEAMS	TOTAL NO. OF PLAYERS	DATES	RESULT	RUNNER UP	PRIZE MONEY
1.	Cricket(M)	9	135	4/1/23 TO 14/1/23	Winner	C.P.C	10000/-
					Runner-Up	A. G. College	7000/-
2.	Rapid Chess (INDIVIDUAL EVENT)	-	40+	10/1/23	Winner	Yash Dhoke IITN	2000/-
					Runner-Up	Devansh Ratti G. H. Raisonni	1200/-
3.	Table Tennis (M)	5	30	10/1/23 TO 12/1/23	Winner	M. P. Deo	2500/-
					Runner-Up	VNIT	1500/-
4.	Football	12	192	9/1/23 TO 12/1/23	Winner	Hislop College	7000/-
					Runner-Up	A. G. College	5000/-
5.	Basketball (M)	14	168	9/1/23 TO 12/1/23	Winner	Hislop College	5000/-
					Runner-Up	I.D.C.P.E	3000/-
6.	Basketball (W)	5	60	9/1/23 TO 12/1/23	Winner	R.C.O.E.M 'A'	3000/-
					Runner-Up	G.H. Raisonni	2000/-

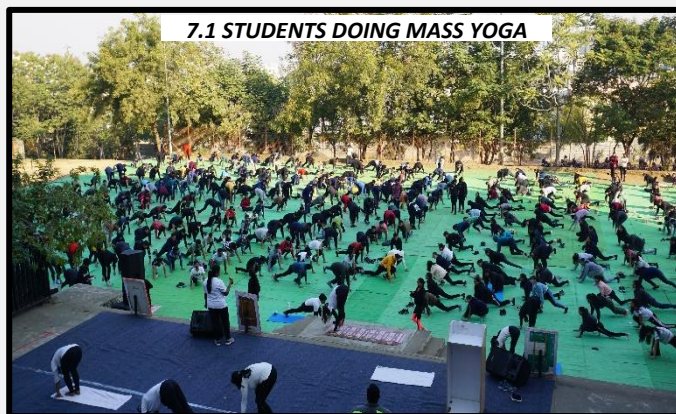
CLOSING CEREMONY OF UDGHOSH 5.0: The concluding event of UDGHOSH 5.0 took place on January 13 at the Tirpude College ground. The closing ceremony was graced by the presence of esteemed guests, including Dr. Y.M. Sonkhaskar, a professor in the department of mechanical engineering and the head of the CIIT at RCOEM, the principal of Tirpude College, and Dr. Amit Anurag, the head of the department of physical education, accompanied by Assistant Professor Mr. Saket Kanetkar. During the ceremony, the winning teams and runners-up from each event were honored with certificates, trophies, and the respective prize money. This memorable function marked the culmination of UDGHOSH 5.0, celebrating the outstanding achievements and sportsmanship demonstrated by the participants.



VII. NATIONAL YOUTH DAY

In honor of Swami Vivekananda's Birth Anniversary, National Youth Day was joyously celebrated on January 12, 2023, at the College Football Ground of Shri Ramdeobaba College of Engineering and Management in Nagpur, Maharashtra. The event was meticulously organized by the Department of Physical Education (RCOEM) and the National Service Scheme (NSS), in collaboration with Kavi Kulguru Kalidas Sanskrit University, to commemorate the profound teachings and ideals of Swami Vivekananda.

The day began with great enthusiasm as esteemed guests, including Dr. Sunita Wadhwan and Professor Nandapuri from Kavikulaguru Kalidas Sanskrit University, graced the occasion. The event witnessed the presence of Mr. Amit Anurag, the Head of the Physical Education Department, Mr. Saket Kanetkar, Assistant Professor, along with NSS Secretaries, Sports Secretaries, and a multitude of enthusiastic students.



The guests were warmly welcomed by Mr. Amit Anurag and Mr. Saket Kanetkar, who presented them with saplings as a gesture of appreciation. The festivities commenced with a invigorating Yoga session and a spirited Suryanamaskar competition, wherein participants completed an impressive 108 rounds.

Mrs. Sanjogta Meshram, the First Year Incharge and a Professor of the Chemistry Department, delivered an inspiring speech, emphasizing the relevance of Swami Vivekananda's teachings in shaping the lives of young individuals. The event also featured a special guest who shared words of wisdom and motivation, further enlightening the students.

As a token of gratitude, the guests were felicitated with mementos, symbolizing the respect and admiration for their presence. The event culminated with the melodious rendition of the National Anthem, evoking a sense of pride and patriotism among the attendees. The celebration of National Youth Day at Shri Ramdeobaba College of Engineering and Management provided a remarkable platform for students to gain insights and embrace the teachings of Swami Vivekananda, fostering a holistic approach to health and well-being.

The event received widespread acclaim and appreciation from all those who were present, marking it as a resounding success. The celebration not only commemorated the ideals of Swami Vivekananda but also instilled a sense of purpose and inspiration in the young minds, motivating them to contribute positively to society and embark on a path of personal growth and development.



VIII. INDUCTION PROGRAMME

<u>PROGRAM:</u>	INDUCTION PROGRAM FOR B. TECH I YEAR STUDENTS
<u>TOPIC:</u>	STUDENTS ACTIVITY (SPORTS, NSS, REEF and NCC)
<u>DATE:</u>	07 TH NOVEMBER 2022
<u>TIME:</u>	12:45 PM ONWARDS
<u>VENUE:</u>	COLLEGE FOOTBALL GROUND

On the 7th of November 2022, during the Induction Program, the afternoon session for newly admitted B. Tech I year students commenced. The session began with an address by Prof. Richa Khandelwal, the presiding officer of the Internal Complaint Committee (ICC), who enlightened the students about the committee's role in promoting gender sensitization. Following that, Prof. Kaushik Roy, the Dean of Training and Placement, delivered a speech to provide insights into the training and placement opportunities available at the college.

The subsequent session focused on "Students Activity" in RCOEM, covering areas such as Sports, NSS (National Service Scheme), REEF (RCOEM Environment and Energy Foundation), and NCC (National Cadet Corps). Dr. Swarooplakshmi Mudliar, the Mentor of REEF, along with her team, introduced the concept of REEF and elaborated on the activities conducted under it, encouraging students to actively participate.

Dr. Amrita Pande conducted the session, shedding light on sports and the inclusion of yoga as an audit course, which is compulsory for all B. Tech I year students. She further provided information about Sports, NSS, and NCC, before inviting the respective team members to address the students. Mr. Aryan Gangapari, the NSS Secretary, presented a comprehensive overview of NSS, its objectives, and the various activities conducted, accompanied by a well-prepared presentation. Following that, Mr. Abhinav Kumar, the Sports Secretary, shared details about the college's participation in sports events organized by RTMNU (Rashtrasant Tukadoji Maharaj Nagpur University) and invitational tournaments, highlighting the college's achievements and the available sports facilities, including those at the new campus. The NCC team then motivated the students to join NCC by sharing their personal experiences and providing an understanding of the organization.

An interactive session followed, where students had the opportunity to ask questions and receive clarifications from each team (NCC, NSS, REEF, and Sports). The session, lasting approximately 2 hours, proved to be informative and rejuvenating for the B. Tech I year students. It concluded on a successful note with a formal vote of thanks proposed by Dr. Amrita Pande, who also served as the activity in-charge for the program.



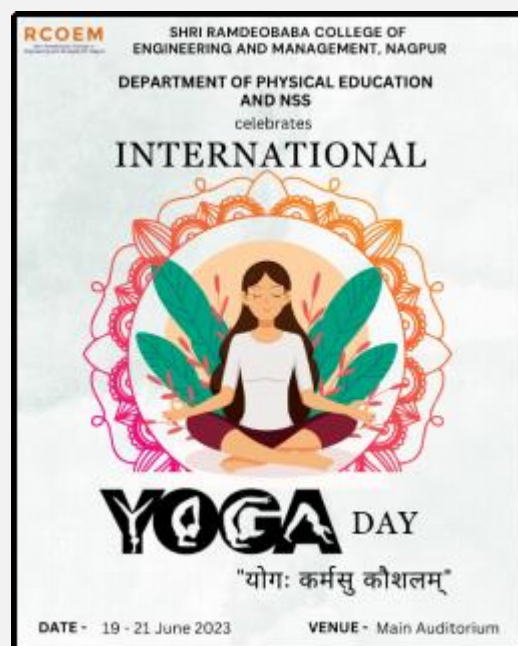
IX. INTERNATIONAL DAY OF YOGA

In commemoration of the International Day of Yoga (IDY2023), the Department of Physical Education and NSS-Unit at RCOEM Campus organized an exclusive three-day yoga session from the 19th to the 21st of June 2023. The event was conducted in collaboration with the Yoga Vijnan Department of Kavikulaguru Kalidas Sanskrit University, Ramtek. A significant number of students and faculty members actively participated in this activity, highlighting the importance of yoga in promoting health and well-being.

This year marked the 9th edition of the International Day of Yoga, with the theme 'Yoga for Vasudhaiva Kutumbakam' proposed by the Ministry of Ayush. The aim was to encourage widespread participation in the activities of IDY2023, transforming it into a mass movement for health and well-being. Adhering to the theme and following the IDY protocol, a comprehensive three-day yoga session program was organized at various locations within the RCOEM campus, including the Main Audi and the basketball court.

The sessions were conducted by experts from the Yoga Vijnan Department of Kavikulaguru Kalidas Sanskrit University, Ramtek, ensuring the highest quality instruction and guidance. Each day, an impressive number of over 250 students, faculty, and staff members of RCOEM actively attended the sessions, displaying their enthusiasm and dedication towards embracing the benefits of yoga.

The event served as an excellent platform for the participants to enhance their understanding and practice of yoga, aligning their physical, mental, and spiritual well-being. It emphasized the significance of yoga in maintaining a healthy lifestyle and promoting a harmonious connection with oneself and the world at large. The successful execution of the yoga session program during IDY2023 at RCOEM exemplified the institution's commitment to fostering holistic development and well-being among its students and faculty members.

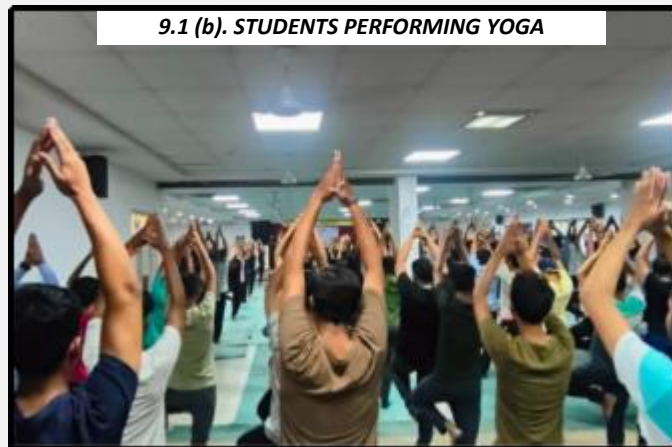
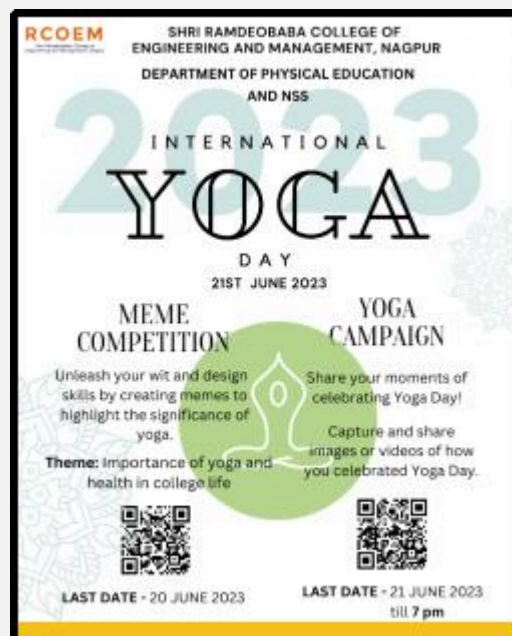


IDY2023 SCHEDULE AND COMPETITION DETAILS					
DATE	DAY	TIME	FOR	THEME	VENUE
19 th JUNE 2023	MONDAY	7:00 AM TO 8:00 AM	B. TECH I YEAR STUDENTS (SEC G, H, I) & HIGHER SEMESTER STUDENTS	Nutrition and Weight Management	MAIN AUDI
20 th JUNE 2023	TUESDAY		B. TECH I YEAR STUDENTS (SEC E, C, F) & HIGHER SEMESTER STUDENTS	Yoga for Health and Wellbeing	BASKETBALL ALL COURT
21 st JUNE 2023	WEDNESDAY		B. TECH I YEAR STUDENTS SEC (A, B, D) & ALL COLLEGE STAFF AND FACULTY	Stress Management and Power Yoga	BASKETBALL ALL COURT
ONLINE COMPETITION			OPEN FOR ALL STUDENTS	MEME MAKING	

9.1. Day 1: The initial session of the yoga program took place on the 19th of June 2023 at the Main Audi, RCOEM. The focus of the day was on "Nutrition and Weight Management through Yoga." Esteemed experts from the Yoga Vijnan Department of Kavikulaguru Kalidas Sanskrit University, Ramtek conducted the session, providing valuable insights into the relationship between nutrition, yoga, and weight management. The experts demonstrated various asanas in accordance with the IDY protocol, which were then practiced by all the participants.

During the session, the experts emphasized the benefits of yogic asanas and their role in maintaining a healthy weight. Participants were guided through a series of practices, including yogic jogging, pranayama (breathing exercises), tadasana (mountain pose), vrikshasana (tree pose), pada-hastasana (standing forward bend), ardha chakrasana (half wheel pose), and more. These exercises were carefully selected to promote physical well-being and facilitate weight management.

The session provided an interactive platform for participants to gain knowledge and practical experience in incorporating nutrition and yogic asanas into their daily routines. The event received a remarkable response, with a significant number of enthusiastic participants actively engaging in the session. Through this yoga program, participants not only learned about the importance of nutrition and yogic practices in weight management but also experienced the positive impact of regular yoga practice on their overall well-being.



9.2. Day 2: The second session of the yoga program took place on the 20th of June 2023 at the Basketball Court, RCOEM. The focus of the day was on "Yoga for Health and Wellbeing." An expert from the Yoga Vijnan Department of Kavikulaguru Kalidas Sanskrit University, Ramtek led the session, sharing valuable knowledge and techniques with the participants.

During this session, students enthusiastically participated in a variety of yoga postures, breathing exercises, and meditation techniques. Under the guidance of experienced yoga instructors, the participants fully immersed themselves in the practice of yoga, experiencing its numerous benefits for both the body and mind. The activities performed during the session heightened the participants' awareness of the advantages of yoga, encouraging them to integrate it into their daily routines.

The experts of the day emphasized that yoga is not merely a form of exercise but a priceless gift from ancient Indian tradition. They highlighted the true essence of yoga, which goes beyond physical exercise and focuses on discovering a sense of oneness with ourselves, the world, and nature. The session emphasized the holistic development that yoga offers and stressed the importance of making yoga a daily practice to maintain good health and well-being.

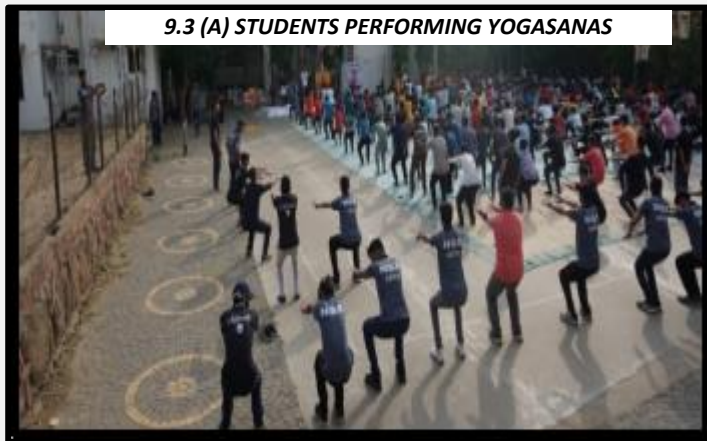
9.2. EXPERTS GUIDING THE BENEFITS OF YOGA PRACTICES



The event served as an enlightening platform for participants, allowing them to deepen their understanding of the benefits of yoga and motivating them to embrace yoga as an integral part of their lives. The enthusiastic engagement of the students showcased their keenness to explore the transformative power of yoga for their overall well-being.

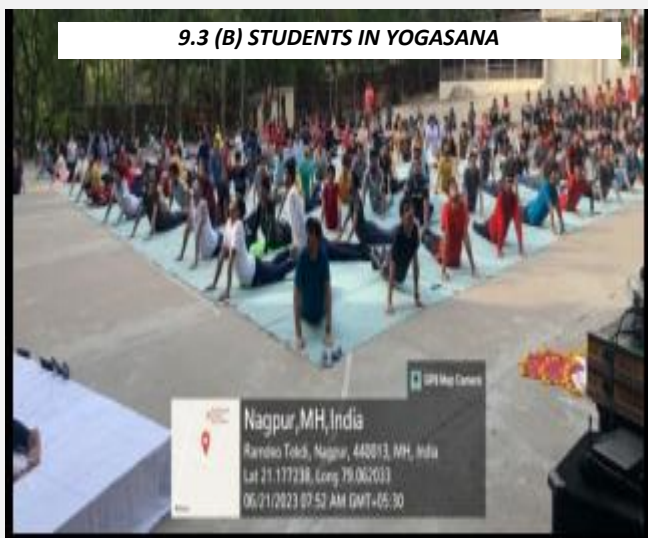
9.3. DAY 3: The RCOEM campus reverberated with enthusiasm on the 21st of June 2023 as the International Day of Yoga (IDY) was joyfully celebrated. The vibrant session took place on the Basketball Court of RCOEM, attracting the active participation of faculty, students, and staff. Dr. Sangita Deshmukh, the B. Tech. I year In-charge, graced the event along with other esteemed faculty and staff members.

9.3 (A) STUDENTS PERFORMING YOGASANAS



The session commenced with experts shedding light on the profound significance of yoga in one's life and creating awareness about its manifold benefits. Participants gained valuable insights into the transformative power of yoga, particularly in achieving inner peace, managing stress, and cultivating a harmonious balance between the body and mind. Throughout the hour-long session, the experts skillfully demonstrated a wide array of yogasanas, captivating the participants and garnering well-deserved applause.

9.3 (B) STUDENTS IN YOGASANA



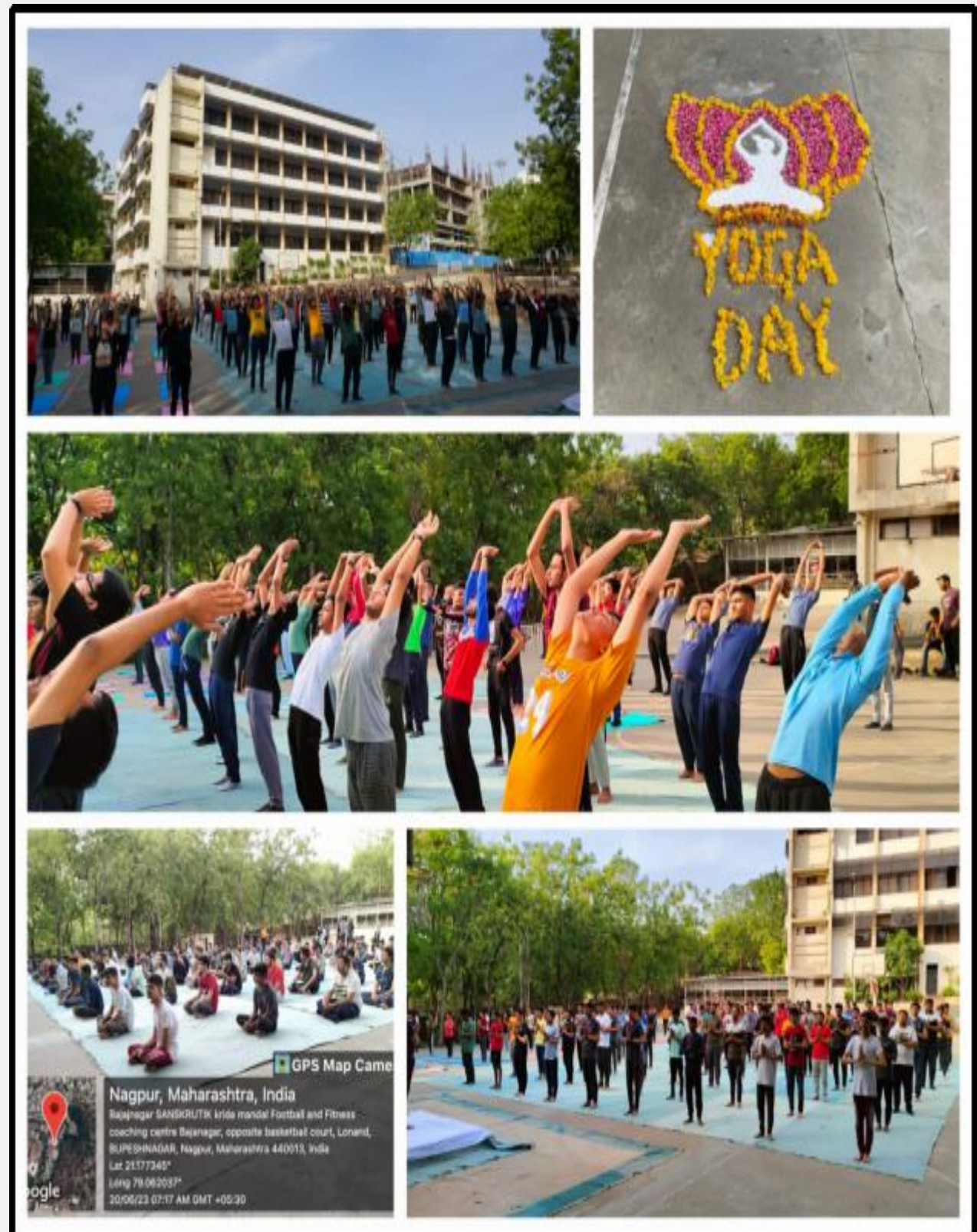
Yogasanas have long been recognized as an effective means of fostering physical and mental well-being. With a holistic approach, yoga addresses the various systems of the body and mind, strengthening and flexing the body while simultaneously rejuvenating the mind with a renewed sense of confidence. The participants experienced firsthand the positive effects of yogasanas, which promote overall health and vitality.

The program drew to a close with a vote of thanks delivered by Dr. Amit Anurag, Head of the Physical Education Department. Dr. Anurag

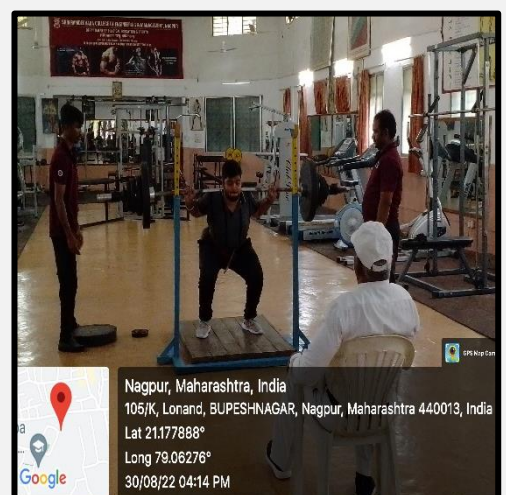
emphasized the importance of integrating yoga into our daily lives and underlined its holistic

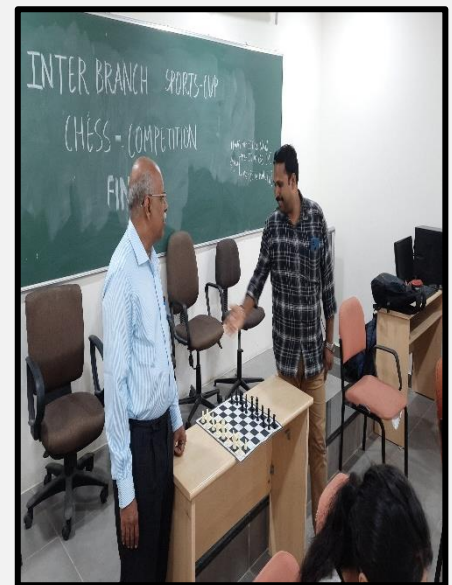
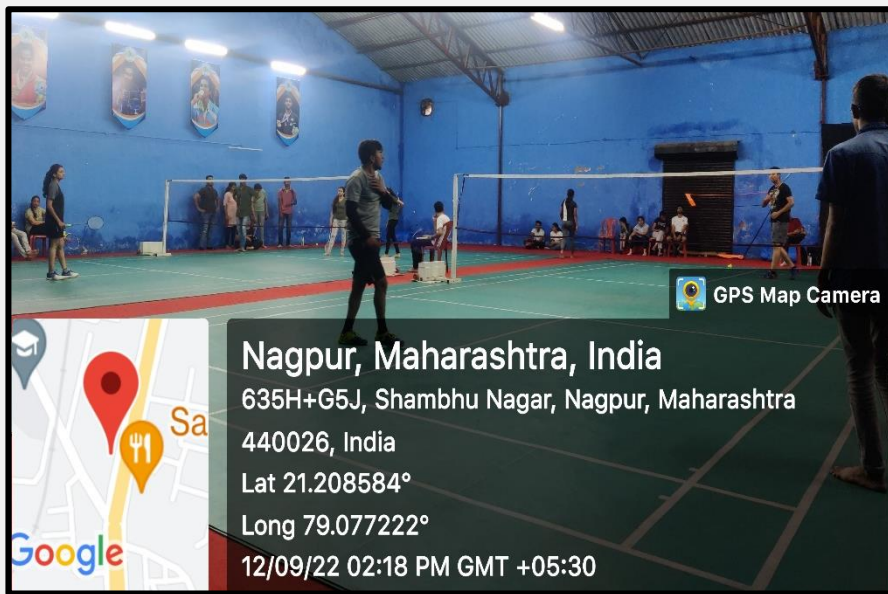
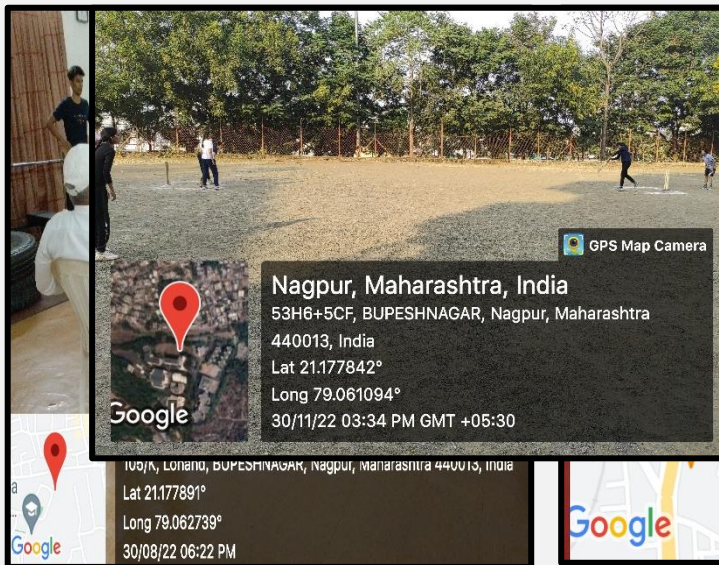
benefits. He urged everyone to make yoga a regular part of their routines, harnessing its transformative power to enhance their overall well-being.

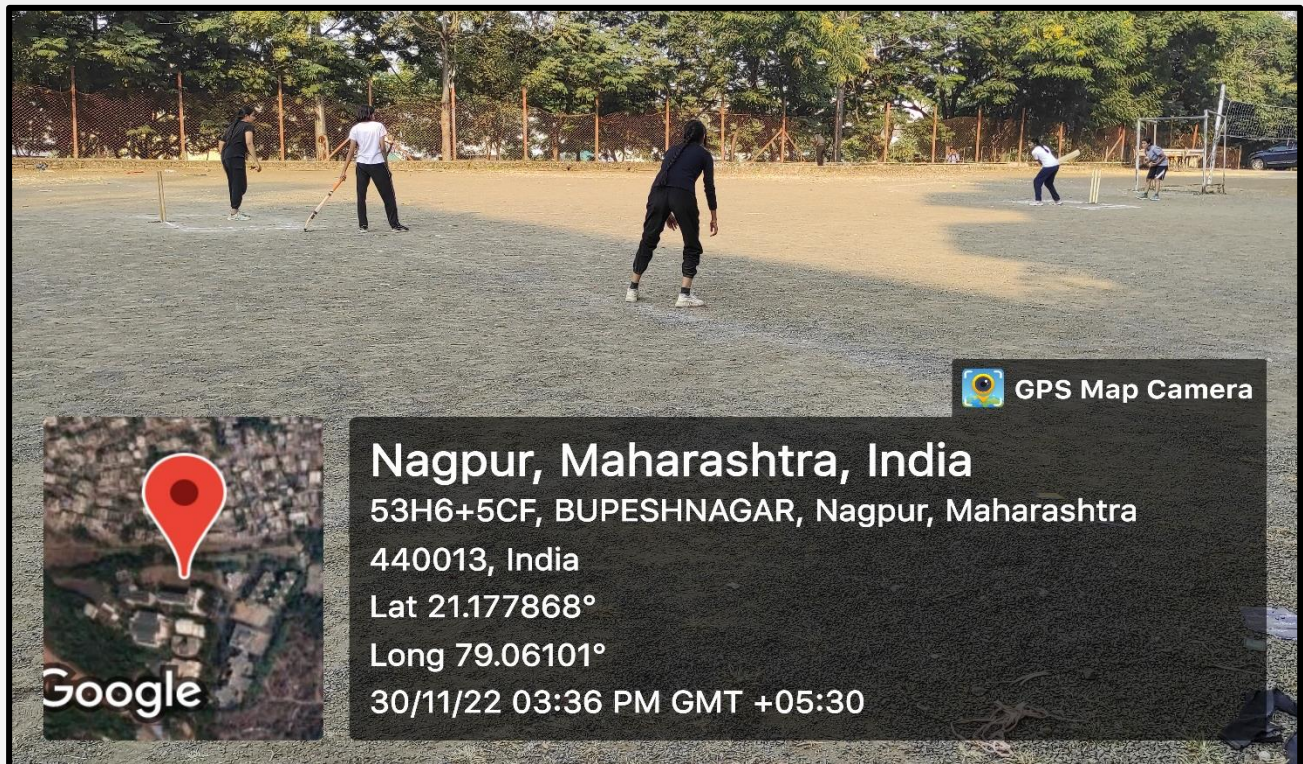
The celebration of the International Day of Yoga at RCOEM was a resounding success, leaving a lasting impression on the participants and inspiring them to embrace yoga as an integral aspect of their lives. The event served as a reminder of the profound impact that yoga can have on our physical, mental, and spiritual well-being, motivating all to embark on a path towards a healthier and more balanced existence.



X. PHOTO GALLERY













XI. INTERCOLLEGIATE GALLERY

